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WAVES

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Editorial

September marks a new beginning for FCDP-TMS as we refocus on our mission to empower marginalized communities, particularly women and children. Building on recent initiatives, we focus on WeLive project activities, including group management classes to enhance leadership skills, credit linkage classes to empower women with financial literacy, and production classes to foster entrepreneurship and economic independence. Our Wings children's program continues to nurture young minds, promoting their overall development through education, skill-building, and creative expression. We provide opportunities for skill development, networking, and mentorship, enabling individuals to break barriers and unlock their potential. We're grateful for the support of our board members, staff, benefactors, and well-wishers, and remain committed to empowering women and promoting positive change.

Let's work together to create a brighter future, filled with hope, opportunity, and collective progress.

-Fr. Saji Elambasseril SDB
Director FCDP-TMS

The Clean Camping Initiative at Kodimaram Ground

On September 16th, our team organized a clean camping initiative at Kodimaram Ground in collaboration with interns, aiming to promote environmental awareness and community involvement. The event included a rally, orientation, and clean-up drive, where our team and interns collected trash and recyclables, set up an awareness stall, and distributed eco-friendly bags. The initiative resulted in significant improvements in cleanliness, provided valuable experience for interns, and promoted environmental awareness among the local community. The event was a huge success, and we plan to organize regular clean-up drives, collaborate with local schools, and expand the initiative to other public spaces.



Leadership Training for Women SHG Leaders

A leadership training class for women SHG leaders On September 24 was successfully conducted at FCDP Hall as part of the WYEP project. conducted by Girideepam MSW Department The training aimed to empower SHG leaders with essential skills in effective communication, decision-making, and problem-solving, as well as financial management and entrepreneurship. Through interactive sessions and group discussions, participants shared experiences, learned from each other, and built a supportive network. This initiative fostered a sense of community and solidarity among women leaders, equipping them with the knowledge and confidence to drive positive change in their communities.



Empowering Young Minds through Communication Skills

Wings Group's session on communication skills and knowledge was successfully conducted by interns for children at FCDP Hall on Saturday, September 13th. The interactive session aimed to enhance the children's ability to express themselves effectively, focusing on verbal and non-verbal communication, active listening, and clarity in expression. The session was engaging, informative, and provided valuable insights to the young participants, helping them build confidence in their communication skills. The interns also gained valuable experience in teaching and mentoring.



Health Awareness Class for Women

FCDP organized a health awareness class on healthy diet and food patterns for women on September 10th at its hall, with around 30 members participating. The session was expertly conducted by representatives from Prince Christopher Benziger Hospital, who shared valuable insights on nutrition and wellness. The class covered essential topics such as balanced diets, nutrient-rich foods, and meal planning, empowering women with the knowledge to prioritize their health and make informed choices for a healthy lifestyle. The participants gained a better understanding of how to maintain a healthy diet and lifestyle, and were encouraged to adopt positive habits for long-term well-being.



WeLive

Beginning of Organic Farming

Under the initiative of FCDP, as part of the We-LivE Project, organic farming was launched in the Pallithottam area on 26/09/2025. Giving importance to organic farming, the training session was led by Mr. Joy (Retired Assistant Agricultural Officer). The class explained how to prepare grow bags and the basic aspects to be taken care of while farming. Around 25 women participated in the session. Beneficiaries were also provided with grow bags and coir pith. Organic vegetable cultivation not only ensures safe food for human health but also helps keep the soil and water free from pollution, while opening ways for farmers to earn income at a low cost.



Empowering Women through Organic Farming

As part of the WE-LivE Project organized by FCDP, the first phase of the organic farming program was held at Maruthadi on 30th September 2025. The training session, which focused on the importance of organic farming and its benefits for both health and the environment, was led by Mrs. Ushas R., Deputy Manager, Vegetable and Fruit Promotion Council, Kerala (VFPCCK). During the session, she shared practical insights on soil conservation, the use of organic fertilizers, bio-pesticides, compost preparation, and the setting up of grow bags. About 26 women took part in the program, which also provided an opportunity for participants to clarify doubts and exchange their experiences.



CELEBRATIONS

We wish Mr. Tony , Mr. Jobin Ms. Iswarya Cleetus, Mrs.Anu Moses and Mrs. Lacticia Martin joyous birthday and a year filled with good health , happiness and prosperity! We also thank them for their dedicated service and support towards the activities of FCDP family.



GALLERY



**FISHERMEN COMMUNITY DEVELOPMENT PROGRAMME (Reg. No. Q.771/84)
THEERADESA MAHILA SOCIETY (Reg. No. Q.1039/95)**

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