



# WAVES

E-Newsletter of FCDP & TMS



Volume 4

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## Editorial

*I am very pleased to share with you the E - newsletter of the month of June Yoga has been beneficial in keeping the body and mind healthy. Yoga targets all the different systems of the body and mind. Realizing the importance of the same, most important of the events was the celebration of the International Yoga Day together with Don Bosco Children's Forum. FCDP-TMS has new leaders for its next term. Governing body of an organization is an inevitable organ that influences all it's decisions.*

*The significant events of the month were the election and inauguration of new board members, the celebration of the International Yoga Day and two programs for the distribution of educational materials. These events showcase the social commitment of FCDP family towards the integral growth of youth, children and fisherfolk of our region.*

*I am grateful to the entire board and staff, our benefactors and well-wishers for their constant support and encouragement in our works.*

**-Fr. Jithin Sebastian SDB  
(Director, FCDP-TMS)**

## WORLD ENVIRONMENT DAY CELEBRATED

On June 5, 2024, Staff Members of FCDP planted trees in office and Vishappinu vida premises to mark World Environment Day. The event was led by Jithin Sebastian, Director of FCDP-TMS. This year's theme for Environment Day is "Restore land, stop desertification, and build drought-resistant capacity." FCDP aimed to raise awareness about environmental issues, including pollution caused by human laziness, and provide guidance on prevention. The event was attended by Fr. Jithin Sebastian (Director, FCDP), Sr. Mary K (Assistant Director, TMS), Mrs. Gretta Raju (Coordinator, FCDP), Mini Mary (Coordinator, TMS), Mrs. Joe Louis (Manager, FCDS), and staff members from FCDP-TMS and Vishappinu vida.



## NEW GOVERNING BODY OF FCDP COMES TO POWER

FCDP's new governing Body for the period of 2024-2026 came into power at the joint governing Body meeting held at FCDP hall on 8, June at 5 pm. Mr. Terrence Benedict, Mr. Justin Joseph, Mr. Susheelan M, Mr. Cleetus Amrith, Mr. Ambrose Martin, Mr. Freddie Sebastian, Dr. Thomas William, Dr. Sindha Mendez, Mr. Tomy Joseph are the new governing committee members. Fr. Stephen Mukattil (Rector, Don Bosco Institutions), Sr. Annie Joseph (Superior, Sneha Kiran Convent, Thope), Mrs. Lacticia Martin (President, TMS) has taken the position in the new governing Body. Mr. Ambrose Martin as Vice Chairperson, Dr. Sindha Mendez as Secretary, Mr. Tomy Joseph as Treasurer. The meeting started with a prayer, Mrs. Agnes John (Chairperson, FCDP) welcomed the gathering and Mr. Milton (former board member, FCDP) read the report. After discussions, Mr. Ambrose Martin delivered vote of thanks.



## PRATHEEKSHA PROJECT SUPPORTS UNDERPRIVILEGED STUDENTS WITH STUDY MATERIALS

FCDP and TMS under their social initiative 'Pratheeksha project' distributed study materials to over 100 students from coastal fishermen families who are struggling financially. The project aims to provide educational assistance to these underprivileged children. Mrs. Agnes John, Chairperson of FCDP, welcomed everyone to the FCDP Hall. The honorable Mayor of Kollam, Mrs. Prasanna Earnest, inaugurated the ceremony by lighting a lamp. The Mayor honored students who secured high score in their examination and distributed study materials to deserving students from Don Bosco Children's Forum. Several dignitaries attended the ceremony, including Fr. Stephen Mukkattil, Fr. Jithin Sebastian, Mr. Tomy Napoleon, Mrs. Laticia Martin, Mr. Milton Stephen, and Fr. Thomas. FCDP-TMS staff members, Don Bosco Children's Forum coordinators, and animators were also present.



## NEW GOVERNING BODY OF TMS 2024-2026 COMES TO POWER

The new Governing Body of TMS for the period 2024- 2026 came into power at the Joint Governing Body meeting held at FCDP Hall on 11 June, 2024 at 2:30 pm. Mrs. Agnes John, Dr. Sindha Mendez, Mrs. Rosie Nixon, Mrs. Lija Wilson, Mrs. Manju Justice, Mrs. Shirley Jose, Mrs. Geeta Yesudas, Mrs. Bindu Stalin, Mrs. Rosie Simon, Mrs. Lily Douglas are elected as new board members. Mrs. Laticia Martin , Mrs. Thelma Douglas and Mrs. Myrtle Mothies were selected as President, Vice President ,Treasurer Respectively. The meeting was started with the Prayer. Mrs. Veronica Antony (Former President, TMS) welcomed the gathering and Sr. Mary K (Asst. Director, TMS) read the report. After the discussions, Mrs. Telma Douglas (Vice President, TMS) delivered vote of thanks and the meeting adjourned at 3:30.





## TAILORING CENTER OPENED

FCDP-TMS organizations opened new stitching center- 'WE- Sticking and Garments' for women at Kennedy Memorial Library as part of their woman empowerment programme. The Tailoring center was blessed by Stephen Mukattil, Rector of Don Bosco Kollam. Mrs. Agnes John, Chairperson of FCDP, welcomed the gathering. Sr. Mary K, Assistant Director of TMS delivered vote of thanks. The event was attended by Fr. Jithin Sebastian, Director of FCDP-TMS, Fr. Varghese Pyanadath (Vicar, St. Stephen's Church, Thope) Mr. Ambrose, Board Member of FCDP, and staff members.



## DISTRIBUTED STUDY MATERIALS FOR CHILDREN

Under the joint supervision of Human Right Foundation (HRF) and FCDP, study materials were distributed to children at FCDP hall. The program began with a prayer. Sr. Mary. K (Assistant Director, TMS) Welcomed the gathering. Advocate G. Vijayakumar (Additional Government Leader, Kollam) conveyed greetings to the ceremony. Advocate G. Vijayakumar and Mrs. Daya S (President, HRF Kollam), distributed study materials to the children. Ms. Berlin. B (Coordinator, WE-AUTO) delivered vote of thanks FCDP-TMS staff members attended the ceremony.



## NUTRITIONAL DEMONSTRATION PROGRAM HELD

A nutritional demonstration program was organized at FCDP in joint collaboration with FCDP and Bishop Benzigar College of Nursing. The aim of this program is to create awareness among people about the lifestyle diseases that today's society due to busy life style and lack of proper diet. In addition, the Non-Communicable Disease Clinic (NCD) service was also provided for testing diabetic and hypertension. This program was conducted under the leadership two assistant professors Mrs. Amala. M and Mrs. Jyothi Lakshmi, and 25 nursing students from Kollam Bishop Benzigar College of Nursing. More than 50 people participated in the program.



## INTERNATIONAL YOGA DAY CELEBRATED

On Friday, June 21, 2024, at 6 am, FCDP and Quillon Rotary Club came together to observe International Yoga Day. Sri Biju G Pillai, a renowned yoga expert, led the session. Mrs. Agnes John, Chairperson of FCDP, and Fr. Jithin Sebastian, Director of FCDP-TMS, presided over the event. 120 children from Don Bosco Children's Forum participated in the program. Ms. Aleena from DBC Rockstar welcomed the gathering, and Sanu from the Thunders delivered the vote of thanks. The ceremony was also attended by animators from Don Bosco Children's Forum and staff members of FCDP-TMS.





## CELEBRATIONS

We wish Ms. Berlin Berkuman, Mrs. Selvi A, Sr. Mary K , Mrs. Sindhu Ruben and Mrs. Sophy Johnson good health and prosperity as they celebrated their birthdays in the month of June. We also thank them for their dedicated service and support towards the activities of FCDP.



**FISHERMEN COMMUNITY DEVELOPMENT PROGRAMME (Reg. No. Q.771/84)**  
**THEERADESA MAHILA SOCIETY (Reg. No. Q.1039/95)**

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