



ANNUAL REPORT 2019-2020

**FISHERMEN COMMUNITY DEVELOPMENT PROGRAMME (FCDP)
THEERADESA MAHILA SOCIETY (TMS)**

Pallithottam, Canal road, Kollam, Kerala



Message



Shri. B. Abdul Nasar I.A.S

District Collector
&
District Magistrate, Kollam

ഫിഷർമെൻ കമ്മ്യൂണിറ്റി ഡെവലപ്മെന്റ് പ്രോഗ്രാമും, തീരദേശ മഹിളാ സൊസൈറ്റിയും കൊല്ലത്തെ തീരദേശ മത്സ്യത്തൊഴിലാളി സമൂഹത്തിന്റെ സമഗ്ര വളർച്ചയ്ക്കായി കഴിഞ്ഞ നാൽപ്പതിലേറെ വർഷങ്ങളായി ശ്ലാഘനീയമായ പ്രവർത്തനം നടത്തി വരുന്നതായി മനസ്സിലാക്കുന്നു. ഇത്തരം സംഘടനകളുടെ യഥാസമയത്തുള്ള ഇടപെടലുകൾ തീരദേശ സമൂഹത്തിന്റെ വിദ്യാഭ്യാസം, ആരോഗ്യം, സംസ്കാരം, സാമൂഹിക, സാമ്പത്തിക ശാക്തീകരണം തുടങ്ങിയ വിവിധ മേഖലകളിൽ വളരെയധികം സ്വാധീനം ചെലുത്തിയിട്ടുണ്ട്.

ഇന്ന് ലോകം അഭിമുഖീകരിച്ച് കൊണ്ടിരിക്കുന്ന കോവിഡ്-19 എന്ന മഹാമാരിയിൽ, എഫ്.സി.ഡി.പി-യുടെ സമയോചിതവും ഫലപ്രദവുമായ ഇടപെടലുകൾക്ക് എന്റെ ഹൃദയം നിറഞ്ഞ അഭിനന്ദനങ്ങൾ. ഈ സംഘടനയുടെ വിവിധ സംരംഭങ്ങൾക്ക് പരിപൂർണ്ണമായ വിജയം നേരുന്നു.


**DISTRICT COLLECTOR
KOLLAM**

District Collector, Kollam

Message



Smt. Honey Benjamin

Mayor,
Kollam

ഫിഷർമെൻ കമ്മ്യൂണിറ്റി ഡെവലപ്മെന്റ് പ്രോഗ്രാമും, തീരദേശ മഹിളാ സൊസൈറ്റിയും ചേർന്ന് കൊല്ലം തീരപ്രദേശത്തെ മത്സ്യത്തൊഴിലാളികളുടെ ഉന്നമനത്തിനായി കാലോചിതമായ സേവനങ്ങളിൽ ഏർപ്പെടുന്നുവെന്ന് ഒരു യാഥാർത്ഥ്യമാണ്. ഈ സംഘടനകളുടെ സമയോചിതമായ ഇടപെടലുകൾ തീരദേശ സമൂഹത്തിന്റെ സാമ്പത്തിക, സാംസ്കാരിക, സാമൂഹിക വിദ്യാഭ്യാസ, ആരോഗ്യ മുന്നേറ്റങ്ങൾക്ക് വഴിതെളിച്ചിട്ടുണ്ട്. ഈ സംഘടനകളുടെ പുരോഗതി വീക്ഷിക്കുന്ന വ്യക്തിയെന്ന നിലയിൽ ഇവയുടെ പ്രവർത്തനങ്ങൾക്ക് എല്ലാവിധ പിന്തുണയും വാഗ്ദാനം ചെയ്യുകയും വിജയാശംസകൾ നേരുകയും ചെയ്യുന്നു.



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മേയർ

Message



Dr. Sindha Mendez

Chairperson,
FCDP

"Together ordinary people can achieve extraordinary results"

Fishermen Community Development Programme (FCDP) and Theeradesa Mahila Society (TMS) are two noteworthy organizations meant for the upliftment of fisherfolk in the coastal areas of Kollam founded by the Salesians of Don Bosco. The organizations have initiated unique programmes such as Vishappinu Vida, Pratheeksha, Santhwana, Women Empowerment Programmes, legal service clinic, Don Bosco Youth Forum, Counselling and the recent COVID-19 related activities under the strong leadership of our Director, Rev. Fr. Joby Sebastian with the full support of the FCDP-TMS family. I am very much delighted to be associated with the organization as I always witness the tremendous change of the community in the areas of education, culture, economic status and social life. May the God Almighty strengthen our organizations to accomplish our goal.

A handwritten signature in black ink, appearing to read 'Sindha Mendez'.

Chairperson, FCDP

Message



Smt. Agnes John
President,
TMS

FCDP, TMS സംഘടനയുടെ ഈ വർഷത്തെ പ്രവർത്തനങ്ങളിൽ പ്രധാനപ്പെട്ടത് കോവിഡ് കാലത്തും 'വിശപ്പിന് വിട' ഭക്ഷണ വിതരണം തടസമില്ലാതെ നടക്കുന്നു എന്നതാണ്. ഇത് തികച്ചും അഭിനന്ദനാർഹമാണ്.

തീരദേശ വാസികൾക്കായി ബോധവൽക്കരണ ക്ലാസ്സ്, കൊറോണക്കാലത്ത് സാനിറ്റൈസർ, സോപ്പ്, മാസ്ക്, എന്നിവയുടെ നിർമ്മാണ വിതരണം, അർഹരായ വിദ്യാർത്ഥികൾക്ക് പഠനാവശ്യത്തിനുള്ള ടെലിവിഷൻ, സ്മാർട്ട് ഫോൺ വിതരണം പുറംനാടുകളിൽ നിന്നും വന്ന ക്വാറന്റീൻ ആവശ്യമായവർക്കുള്ള ക്രമീകരണം, അർഹരായവർക്ക് ദുരിതാശ്വാസ കിറ്റ് വിതരണവും നടത്തുകയുണ്ടായി. ഇക്കാലത്തെ ഈ പ്രവർത്തനങ്ങൾ കൂടാതെ മുൻകാലങ്ങളിൽ നടന്നു വരുന്ന എല്ലാ പ്രവർത്തനങ്ങളും ഒരു തടസവും കൂടാതെ വളരെ ഭംഗിയായി മുന്നോട്ടു കൊണ്ടുപോകുന്നതിൽ വളരെ ചാരിതാർത്ഥ്യമുണ്ട്.

ഈ പ്രവർത്തനങ്ങൾക്കെല്ലാം ചുക്കാൻ പിടിക്കുന്ന FCDP - TMS ഡയറക്ടർ ബഹുമാനപ്പെട്ട ജോബിയച്ചനും അച്ചനെ സഹായിക്കുന്ന എല്ലാ മാനുവ്യക്തികൾക്കും ഭാവി പ്രവർത്തനങ്ങൾ കൂടുതൽ വിപുലമായി നടത്താൻ സർവ്വേശ്വരൻ അനുഗ്രഹിക്കട്ടെയെന്ന് പ്രാർത്ഥിക്കുന്നു.

Agnes - P

President, TMS


Presentation



Rev. Fr. Joby Sebastian

Director,
FCDP & TMS

I am happy to present the Annual Report of Fishermen Community Development Programme and Theeradesa Mahila Society for the financial year 2019-2020. It was a year of growth and accomplishment as far as FCDP and TMS are concerned that saw the resurgence of FCDP in various spheres especially educational, economic, health and social activities. One of the major areas of interventions has been the women and youth empowerment programme which included skill training, capacity building and health related programmes. The various production units which were begun under FCDP to promote income generating programmes and micro-enterprises, have grown to include more programmes in diversified fields, thereby providing alternate income to more people. The founding of Don Bosco Coastal Forum as a movement comprising of youth, children, women volunteers and Entrance and PSC Coaching have been significant events during the year. Fishermen Community Development Programme along with Theeradesa Mahila Sanghtana will continue to remain committed in working towards the integral development especially of the Fishermen community. May God bless us all!



Executive Director

Executive Director
Fishermen Community Development Programme
Pallihottam, Kollam - 691 006



“Empowering the fisher folk since 1979”

Fishermen Community Development Programme (FCDP) was founded in the year 1979, under the guidance and leadership of the Salesians of Don Bosco. The beginnings of FCDP go back to the various social and developmental activities undertaken by the Salesians of Don Bosco after their arrival at Thope, Kollam in 1975. In 1979 these programmes were given the formal name “Fishermen community Development Programme”.

The various programmes of FCDP are geared to benefit every section of the fishing community (men, women, youth and children) living in the coastal belt by helping them to improve their education, health, culture, economic status, employment opportunities, social awareness and social action. On 14 November 1984 FCDP was registered under the Travancore - Cochin literary, scientific, charitable societies’ registration Act 1955.

In 1983 Theeradesha Mahila Sanghatana (Coastal women’s organization) was initiated to ensure the empowerment and integral development of the women of the fishing community. As the activities and membership grew, TMS was registered as a separate society. Since its registration as an independent society in November 21, 1995 the management and administration of TMS is carried out by women themselves.

FCDP and TMS continue to work under the leadership of Salesians of Don Bosco and in collaboration with BREADS Bangalore, the developmental organization of the Salesian Province of Bangalore.



ECONOMIC ACTIVITIES

1.1 MICRO FINANCE

The microfinance activities have been initiated in order to facilitate the financial inclusion of the fisher folk community of Kollam, thereby addressing the lack of financial services for poor women and men of the community. Microfinance serves as an aid to engage the members in productive activities and grow micro-enterprises and plays a vital role in increasing participation in economic activities and decision making. The microfinance schemes of FCDP and TMS are carried out through the self-help groups (SHGs) which form part of FCDP and TMS federations. While membership of FCDP is for mainly for men, the membership of TMS is exclusively for women from the fisher folk community.

A. MICROFINANCE PROGRAMMES UNDER FISHERMEN COMMUNITY DEVELOPMENT PROGRAMME

Under the FCDP federation, there are 1125 members belonging to fishermen and non- fishermen groups. They belong to 51 groups in 10 sections under 5 community organizers. The tables below represent the composition of membership according to sections and groups.

| | | |
|-------------------------|-----|--|
| Major Groups | 2 | Fishermen Group and Non-fishermen Group |
| Sections | 10 | Vaddy (2), Moothakara (2), Port Kollam, QSS Colony, Vallakkadav, Beach East, Kodimaram and Mundakkal |
| Total Number of SHGs | 51 | |
| Total Number of Members | 112 | |
| Villages | 5 | Thangassery, Vaddy, Moothakara, Port Kollam, Pallithottam |

| Section Wise Representation of Members | | | |
|--|-----------------|---------------------|-------------|
| Section | Fishermen Group | Non-Fishermen Group | Total |
| Beach East | 48 | 77 | 125 |
| Vallakkadav | 47 | 50 | 97 |
| Kodimaram | 95 | 128 | 223 |
| Mundakkal | 14 | 222 | 236 |
| Port Kollam | 45 | 66 | 111 |
| Q.SS. Colony | 15 | 24 | 39 |
| Moothakara North | 46 | 22 | 68 |
| Vaddy A | 108 | 19 | 117 |
| Vaddy B | 32 | 29 | 61 |
| Moothakara South | 34 | 4 | 38 |
| Total | 484 | 641 | 1125 |

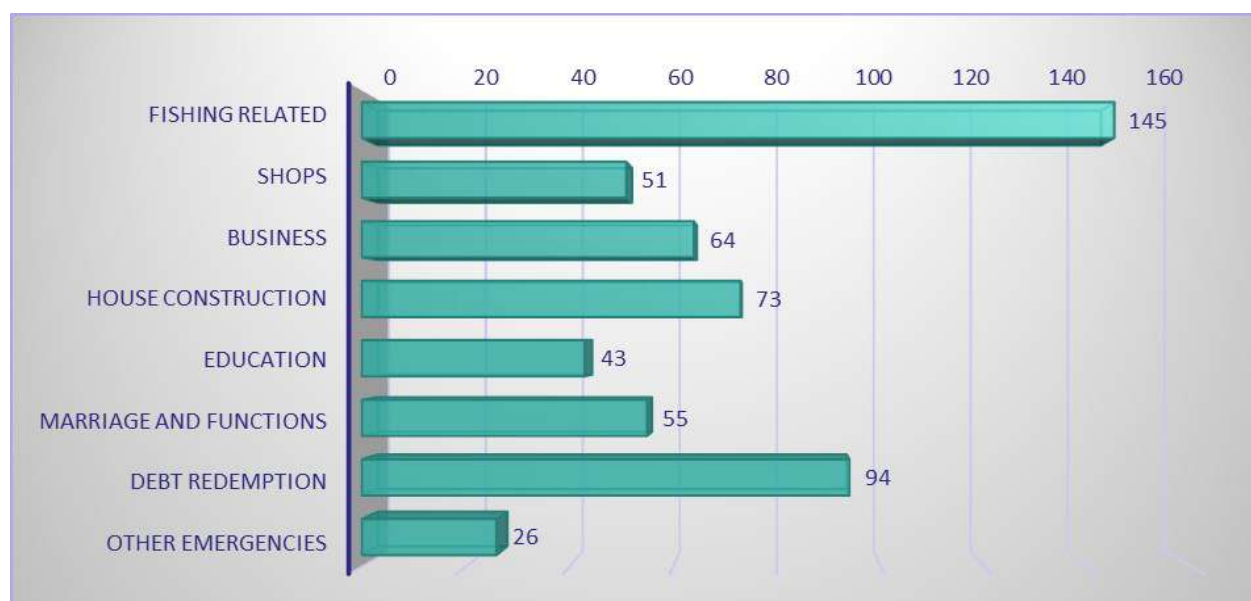
i. Credit Schemes

The credit schemes are designed to provide credit to the members especially for self-employment activities. The aim of all the credit activities is to ensure better ways of financial inclusion and higher living standards through timely productive economic activities. Credit is made available to the members under the following schemes, namely, New Credit Union, Ashakiran credit, and RF credit. The credit requests of the groups are processed and finally sanctioned by the Loan Committee which consists of Governing Body members representing the various sections.

| Name of Scheme | Total Amount Released for the Financial Year (Rs.) | Repayment Received (Rs.) | No. of members beneficiaries |
|---------------------------|--|--------------------------|------------------------------|
| <i>New Credit Union</i> | 11660000.00 | 10291638.00 | 396 |
| <i>Ashakiran Credit</i> | 8494800.00 | 7551931.00 | 105 |
| <i>RF Credit</i> | 3280000.00 | 2499622.00 | 50 |
| <i>Credit Union (Old)</i> | 0.00 | 2180.00 | - |
| Total | 23434800.00 | 20345371.00 | 551 |

Credit has been issued for various purposes such as business related to fishing like purchase and repairs of boats, nets and engines, for the setting up of and maintenance of shops (Petty shops, stationery, Tea Stall, Juice Stall etc) and for running micro-enterprises like printing, studios, welding workshops, tailoring, automobile workshops, hairdressing saloons etc. A number of persons have made use of the fund for education, construction of houses, for marriage and other functions. Quite a number have taken the credit to pay off debts taken from other sources and to depend entirely on the credit available through the federation and through banks. The figure presents the number of members who have taken micro-credit for various purposes.

Purpose for loan from SHGs



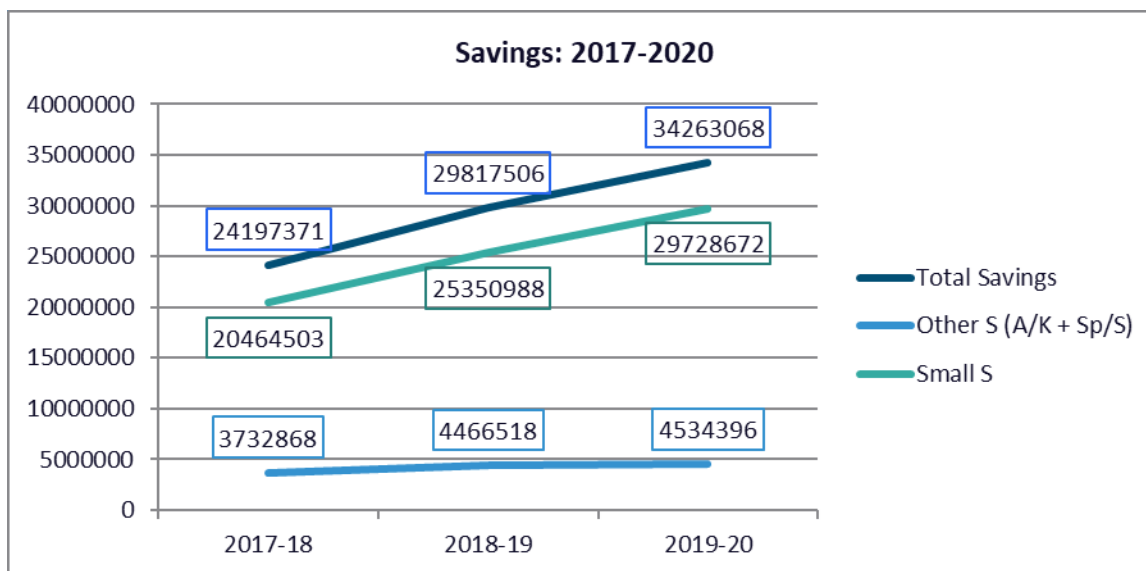
ii. Savings Schemes

Savings schemes have enhanced the saving mentality of the fisher folk community. Various saving schemes for the members include Ashakiran Savings, Special Savings and Small Savings.

During the year 2019-2020, a total of Rs.3,42,63,068.00 (three cores forty two lakh sixty three thousand ad sixty eight only) - including credit share of Rs. 34750.00 and death relief fund of Rs. 415530.00 -was saved by the members under the various schemes. The table below shows that the amounts saved under different schemes and the number of beneficiaries. The major chunk is formed by small savings.

| Name of Scheme | Total Amount Received (Rs.) | Total Amount Withdrawn (Rs) | No. of members beneficiaries |
|--------------------------|-----------------------------|-----------------------------|------------------------------|
| <i>Ashakiran Savings</i> | 1949842.00 | 1699201.00 | 458 |
| <i>Special Savings</i> | 2143274.00 | 1219037.00 | 163 |
| <i>Small Savings</i> | 29728672.00 | 25399978.00 | 776 |
| Total | 33821788.00 | 28318216.00 | |

The chart below shows that there has been consistent growth in the amount saved by the members under various types of savings. Other savings refer to Ashakiran and special savings including also credit union shares and death relief fund.



iii. Death Relief Fund

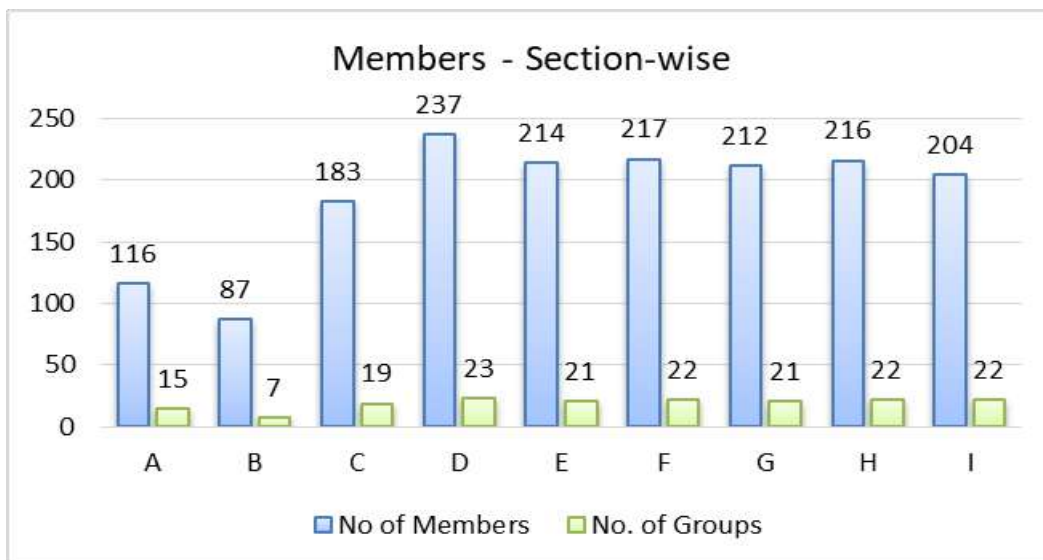
During 2019-2020, eight members passed away. Rs. 4,15,530.00 (Rupees four lakh fifteen thousand five hundred and thirty only) was contributed by the members and Rs. 400000.00 (Four lakhs only) was given to the kins of those deceased as death relief fund. We bow our heads in gratitude and respect to the deceased members and convey our sincere condolences to the bereaved families. Their contribution to the society through the organization will never be forgotten.



B. MICROFINANCE PROGRAMMES UNDER THEERADESA MAHILA SOCIETY

In the year 2019-2020, TMS had 1686 active members and total 172 groups under nine sections from Thangassery to Eravipuram. The table and the chart below show the membership details.

| | |
|--------------------------------|--|
| Total Number of Groups | 172 |
| Number of Sections | 9 |
| Total Number of Active Members | 1686 |
| Sections(9) | Eravipuram, Kakkathope, Mundakkal, Pallithottam, Port Kollam, Moothakkara, Vaddy and Thangasseri |



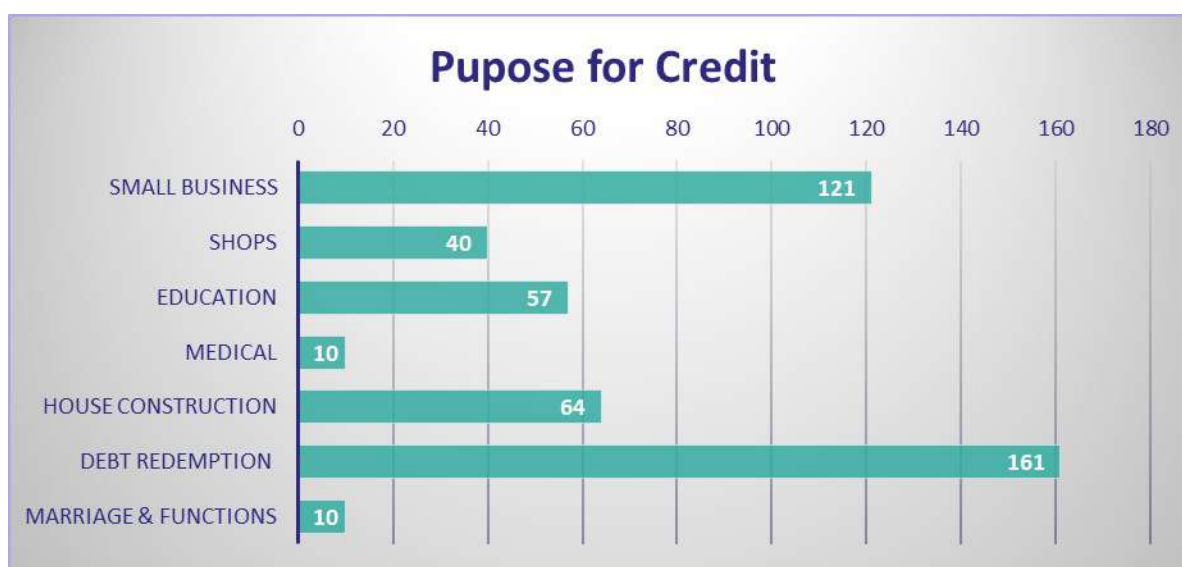
i. Credit Schemes

Under the various credit schemes, loans are made available to the members especially for self-employment activities. Credit is made available to the members under the following schemes, namely, Credit Union and Ashakiran credit which are meant precisely to empower women economically. The credit requests of the groups are processed and finally sanctioned by the Loan Committee which consists of Governing Body members representing the various sections.

The table represents the amount issued under various schemes, repayment received and the number of beneficiaries during the year.

| Name of Scheme | Total Amount Released for the Financial Year (Rs.) | Repayment Received (Rs.) | No. of beneficiaries |
|-------------------------|--|--------------------------|----------------------|
| <i>Credit Union</i> | 12975000.00 | 10265601.00 | 271 |
| <i>Ashakiran Credit</i> | 7635000.00 | 7785516.00 | 192 |
| Total | 20610000.00 | 18051117.00 | 463 |

The figure below shows the various reasons members have taken credit. Small business include vending of fish (both fresh and dry), flour making units, sale of cloth, making of candles, snacks, beauty parlor, hair salons, tailoring, workshops etc. Money has also been used for boats, nets, and engines. Credit has been used also to run shops (stationery, grocery, fish, kerosene, petty shops etc), educational, medical purposes and construction of permanent houses. It may be noted that quite a number of members have used the loan to pay off debts from various sources.



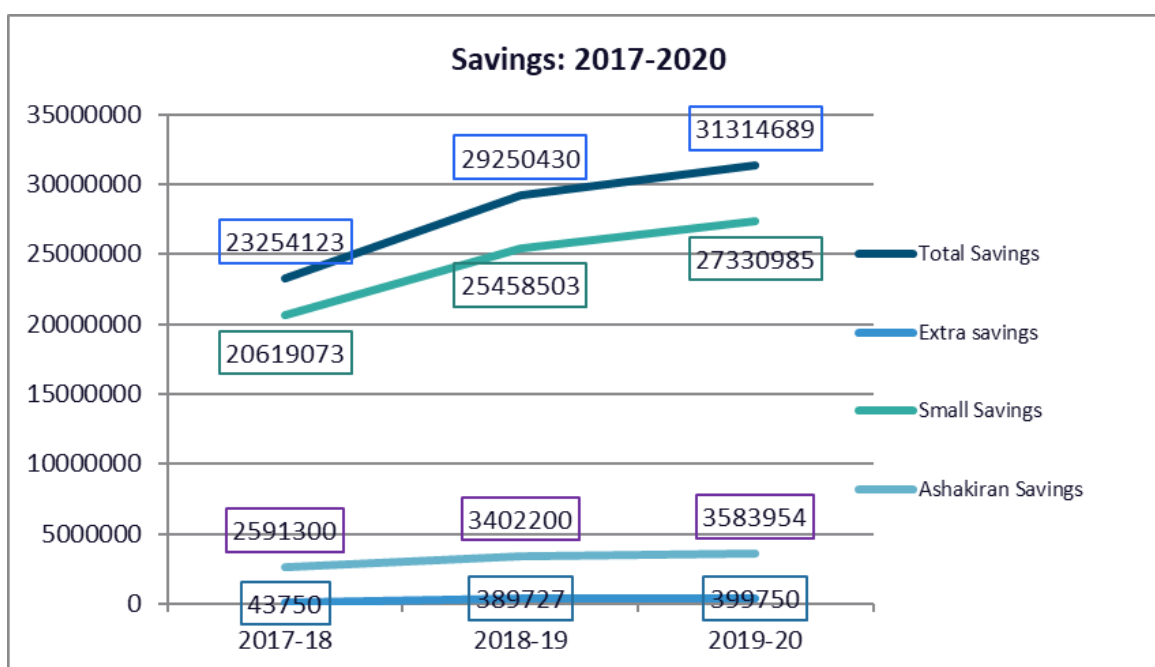
ii. Savings Scheme

Savings schemes for the members under TMS include Ashakiran Savings, Extra Savings and Small Savings. During the year 2019-2020, a total of Rs. 3,13,14,689.00 (Rupees three crore thirteen lakh fourteen thousand six hundred and eighty nine only) was saved by the members under the various

schemes. The table below shows the amounts saved under different schemes and the number of beneficiaries. The major chunk is formed by small savings. While 692 members are part of the Ashakiran savings, 111 members are part of the extra savings scheme while all the members form part of the regular savings.

| Name of Scheme | Total Amount Received (Rs.) | Total Amount Withdrawn (Rs) | No. of members beneficiaries |
|-------------------|-----------------------------|-----------------------------|------------------------------|
| Ashakiran Savings | 3583954.00 | 3133350.00 | 692 |
| Extra Savings | 399750.00 | 2301289.00 | 111 |
| Small Savings | 27330985.00 | 27455406.00 | 1686 |
| Total | 31314689.00 | 32890045.00 | |

The figure below shows consistent growth in the amount saved by the members under various savings schemes.



iii. Death Relief Fund

During 2019-2020, a total of 14 members (fourteen) passed away. Rs. 933609.00 (Rupees nine lakh thirty three thousand six hundred and nine only) was contributed by the members and Rs. 700000.00 (Eight lakh fifty thousand only) was given to the kin of those deceased as death relief fund. We bow our heads in gratitude and respect to the deceased members and convey our sincere condolences to the bereaved families.

In Loving memory of the deceased



Celine Paul



Gracy Victor



Rosemary Isiah



Leela Paul



Treasa Stephen



Krishnamma Bhaskaran



Stella Sensilas



Jonah Peter



Thresia Lazar



Mable Joseph



Stella Sebastian



Mary Martin



Sarasamma Susheelan



Marcelina Vitalis



Biju James



Babu



Jackson Setephen



John Albert



Shaji



Grahari Francis



Christopher Alexander

1.2 CAPACITY BUILDING PROGRAMMES AND EMPOWERMENT PROGRAMMES

Micro Finance has been one of the significant strategies to facilitate economic empowerment of the people in the coastal region of Kollam. During the year 2019 – 2020, numerous programmes have been organized to strengthen the existing micro credit programmes and to extend the small credit facilities for the fisher folk. The major programmes conducted under the promotion of micro credit include the following:

A. ORIENTATION AND AWARENESS CLASS TO SELF HELP GROUPS

During the fiscal year a number of orientation and awareness programmes were organized for the members of the SHGs in each of their places. The meetings mainly focused on inculcating savings and banking habits among members, enabling availing of loan for productive purposes and sensitizing especially the women of the target area for the need of SHG and its relevance in their empowerment. The total meetings conducted for the year 2019-2020 is given in the table below:

| Orientation Classes for SHGs | | | | |
|------------------------------|-----------------------|-------------|---------------------|--|
| Month | Total no. of meetings | No. of SHGs | No. of participants | Topics discussed |
| April | 20 | 15 | 267 | Significance of micro credit activities, Group work, Collective decision making, Livelihood promotion and self-entrepreneurship, Savings and its usages, Consumer credit and Production credit, Collective leadership and Mutual discussion, Women empowerment, Credit system and changes in economy, Access to credit and facilitating groups, Repayments and continuity, |
| May | 18 | 14 | 273 | |
| June | 15 | 14 | 250 | |
| July | 21 | 18 | 382 | |
| August | 18 | 13 | 214 | |
| September | 21 | 17 | 321 | |
| October | 18 | 18 | 330 | |
| November | 18 | 18 | 332 | |
| December | 18 | 15 | 256 | |
| January | 17 | 15 | 234 | |
| February | 18 | 12 | 221 | |
| March | 5 | 3 | 65 | |
| Total | 207 | 172 | 3145 | |

B. TRAINING FOR THE LEADERS OF SELF HELP GROUPS

Under the project of WYEP, six leadership trainings for the leaders of the Self-Help Groups were conducted during the financial year. The objective of the programme was to improve the managerial and leadership skills of SHG leaders, to ensure efficient management of the SHGs for service delivery, transparency, accountability and building cooperation among members and to provide training to the leaders on organization management, book and recording keeping, credit management inter personal relationship, group dynamics, micro credit etc. The table represents the total training programmes conducted for the year.

| Training for the leaders of SHGs | | | | |
|----------------------------------|------------------|----------------------------|---------------------|---|
| Month | No. of workshops | Date of workshop conducted | No. of participants | Theme |
| Apr-19 | 1 | 25-27 | 80 | Best practices for managing and leading self-help groups. |
| May-19 | 1 | 20-22 | 80 | Group Dynamics and Managerial Skills |
| Aug-19 | 1 | 13-15 | 80 | Credit Programs coupled with skill enhancement Programs |
| Oct-19 | 1 | 22-24 | 80 | Importance of Cluster and Federation in Self Help Groups |
| Nov-19 | 1 | 21-23 | 80 | Best Practices for Managing and Leading Self-Help Groups |
| Feb-20 | 1 | 12--14 | 80 | Financial Linkages of SHGs |

C. TRAINING OF THE STAFF

In order to ensure the enhancement of knowledge and skills of the staff for the effective delivery of its services for the benefit of the people, staff trainings were conducted on various subjects like on micro finance, credit management, customer relationship, government schemes, financial linkages, financial management, organization development, leadership and communication, community empowerment, gender equality etc. The programmes were organized as part of the WYEP project.



D. ORGANIZATION DEVELOPMENT PROGRAMME

The Organizational Development Process aimed at bringing up an integrated organizational development in the organisation and it mainly focused on how to re-invent and refresh the present mode of operations of FCDP. A number of suggestions were put forth and a number of programmes have been implemented following the OD process.

Following the OD process number of changes has been implemented like restructuring of the office space, introduction of more computers for staff, redefining of roles and goals of the staff and reallocation of portfolios, revision of salaries for staff etc. More importantly billing machines have been introduced in each of the sections in order to improve accountability, transparency and efficiency. The process was also started to change the accounting software to a customized version of tally.erp.



1.3 SKILL TRAINING PROGRAMMES AND ENTREPRENEURSHIP DEVELOPMENT PROGRAMMES

A. SKILL TRAINING PROGRAMMES

Skill enhancement of the women and youth from the fisher folk community will help them to attain short term training programmes. The main objective of the programmers is to promote employment – oriented skills, up gradation training to the adolescent girls and youth from the fisher folk community. Skill training programmes are being conducted as part of the Women and Youth Empowerment Programme. The table below shows the different skill training programmes organized during the financial year.

SKILL TRAINING PROGRAMMES 2019-2020

| Program | Duration | Total trainees |
|---|-----------------|-----------------------|
| <i>Auto Rickshaw Training</i> | 1 month | 90 |
| <i>Home based nursing and Palliative Care</i> | 3 months | 45 |
| <i>Tailoring and Embroidery</i> | 6 months | 60 |
| <i>Fish and food Processing</i> | 1 month | 60 |
| <i>Computer Skills Training</i> | 3 months | 75 |
| Total | 12 months | 360 |

B. ENTREPRENEURSHIP TRAINING PROGRAMMES

Development of entrepreneurship is an essential pre-requisite for the economic prosperity. Four Entrepreneurship Development Training Programmes were organized in the financial year especially for those who were part of the various skill training programmes with the aim of introducing the various self-employment and job opportunities to the candidates. The EDPs have helped to promote self-entrepreneurship and micro enterprises, create awareness about availability of resources and government plans and programmes for Income Generating Programmes, promote the business tendencies and improve the marketing skills among the coastal women and create awareness on the available sources which can support for starting IGPs and train them the managerial skills needed for the marketing and development of entrepreneurship.

SKILL TRAINING PROGRAMMES 2019-2020

| Sl. No | Date | Place | Theme | Participants |
|--------|-----------------------------|-------------------------------|--|--------------|
| 1 | 27, 28, 29 May – 2019 | FCDP Hall, Kollam | <i>Entrepreneurship Training: Establish a quality Livelihood for the Fisher folk</i> | 80 |
| 2 | 24, 25, 26 July – 2019 | FCDP Hall, Kollam | <i>Entrepreneurship Training: Establish a quality Livelihood for the Fisher folk</i> | 90 |
| 3 | 22, 23, 24 August – 2019 | Town Hall, Kollam Corporation | <i>Entrepreneurship Training: Establish a quality Livelihood for the Fisher folk</i> | 100 |
| 4 | 19, 20, 21 September – 2019 | FCDP Hall, Kollam | <i>Entrepreneurship Training: Establish a quality Livelihood for the Fisher folk</i> | 90 |



HEALTH ACTIVITIES

2.1 PRIMARY HEALTH CENTRE

The primary health centre at Pallithottam is run in collaboration with Bishop Benziger college of Nursing and, Bishop Benziger Hospital Kollam. It caters to the health needs of the people living in the nearby areas of Pallithottam. During the year 2019-2020, a total number of 6192 patients have utilized the health Centre for the various emergencies.

The table below illustrates the total number of patients who have been treated at the Health Centre for different cases.

| Primary Health Centre – Cases and Patients | | | | | | | |
|--|-----------|---------------------|----------|-------------|----------|--------|----------------|
| Month | New Cases | Respiratory Illness | Diarrhea | Viral Fever | Dressing | Others | Total Patients |
| Apr-19 | 16 | 162 | 13 | 21 | 210 | 27 | 433 |
| May-19 | 15 | 126 | 12 | 98 | 180 | 32 | 448 |
| Jun-19 | 38 | 151 | 42 | 146 | 210 | 80 | 629 |
| Jul-19 | 18 | 200 | 110 | 334 | 220 | 36 | 900 |
| Aug-19 | 16 | 181 | 14 | 0 | 127 | 26 | 348 |
| Sep-19 | 22 | 115 | 18 | 210 | 118 | 66 | 527 |
| Oct-19 | 10 | 163 | 13 | 141 | 170 | 69 | 556 |
| Nov-19 | 17 | 148 | 18 | 152 | 151 | 68 | 537 |
| Dec-19 | 15 | 109 | 11 | 181 | 112 | 62 | 475 |
| Jan-20 | 16 | 180 | 18 | 198 | 153 | 62 | 611 |
| Feb-20 | 23 | 195 | 8 | 132 | 111 | 76 | 522 |
| Mar-20 | nil | nil | nil | nil | nil | nil | nil |
| Total | 206 | 1730 | 277 | 1613 | 1762 | 604 | 6192 |

The Health Centre conducts clinics on monthly basis for the regular follow up of the patients. The table below mentions the details of various clinics conducted during the year. The health centre was closed in March 2020 during the covid-19 pandemic.

CLINICS PATIENT COUNT - 2019-2020

| Year | Hyper tension Clinic | Adolescent Clinic | Antenatal Clinic | Geriatric Clinic | Total |
|---------|----------------------|-------------------|------------------|------------------|-------|
| 2019-20 | 61 | 41 | 2 | 55 | 159 |

The primary health centre also arranged various extension programmes for the fishermen community. This included health awareness classes and camps. Below mentioned are the various activities done for the year 2019-2020.

| <i>Month</i> | <i>Activities</i> |
|---------------|---|
| <i>Apr-19</i> | Health education on world health Day |
| | Health education on Malaria |
| <i>May-19</i> | Health education on Asthma |
| | World Hepatitis Day observed and health education provided |
| <i>Jun-19</i> | Awareness class on environmental Sanitation |
| | Health education on Blood Donation |
| <i>Jul-19</i> | Awareness class on Family Planning |
| | Health education of providing ORS to children |
| <i>Aug-19</i> | Observation of World Breast feeding week at CHC Eravipuram |
| | Observation of World Breast feeding week at CHC Pallihottam |
| | Health education class on Breast feeding |
| | Awareness class on Viral Fever |
| <i>Sep-19</i> | Session on importance of Vitamin A |
| | Health class on Alzheimer's |
| <i>Nov-19</i> | Observation of Worlds Immunization Day |
| | Health Education on World Diabetic Day |
| | Awareness programme on COPD - Chronic Obstructive Pulmonary Disease |
| | Awareness class on New Born Care |
| <i>Dec-19</i> | Observation of World AIDS day |
| | Observation of National Pollution Control Day |
| <i>Jan-20</i> | Observed Fit India Movement 2020 - Conducted Cyclathon and Rally |
| | Observed National Leprosy Eradication Day |
| | Awareness class on viral fever |
| <i>Feb-20</i> | Observation of World Cancer Day |
| | Awareness class on Reproductive Health |

2.2 OTHER HEALTH PROGRAMMES DURING THE YEAR

2.2.1 HEALTH AWARENESS CLASSES AND MEDICAL CAMPS

In the fiscal year various health programmes including monthly awareness classes and medical checkups were organized at the community level to bring up the health condition of fisher folk. Adolescent suicide prevention and counseling programme was one of the major interventions during the year. Medical assistance was also given to the most deserving sick people from the community (discussed under "Santhwanam").

Awareness programmes/ Health Seminars/Medical Camps in 2019-2020

| Sl. No | Topics included | Date of meeting | No. of participants |
|--------|--|-----------------|---------------------|
| 1 | Adolescents in the transition period | 26/04/2019 | 30 |
| 2 | Health care for pregnant women | 25/05/2019 | 25 |
| 3 | Importance of vaccination of children | 11/06/2019 | 40 |
| 4 | Awareness drive on monsoon and epidemic diseases | 11/06/2019 | 35 |
| 5 | Awareness class for adolescents : physical and mental being | 25/07/2019 | 40 |
| 6 | Dance Movement therapy | 18/08/2019 | 80 |
| 7 | Staff training on Adolescent suicide prevention | 02/10/2019 | 35 |
| 8 | Suicide prevention -Life skills & counseling for adolescents | 09/11/2019 | 60 |
| 9 | Awareness class on First Aid, CPR & BLS | 15/01/2020 | 80 |
| 10 | Awareness class on precautions on corona virus | 12/02/2020 | 80 |
| 11 | Awareness class on precautions on corona virus | 14/03/2020 | 45 |
| 12 | Pediatric Medical Camp | 28/09/2019 | 40 |
| 13 | General Medical Camp | 03/12/2019 | 100 |

2.2. INTERVENTION AGAINST INCREASING TEEN SUICIDES

Teen suicide is a growing health concern around the world and is the second-leading cause of death among youth. While the district of Kollam ranks highest in the incidence of suicides, the rising tide of adolescent suicides make the coastal area of Kollam the most vulnerable. A number of programmes were organized during the year to create awareness and provide training in life skills and counselling services in collaboration with District Mental Health and National health mission, Don Bosco Youth Forum etc.

A. Dance Movement Therapy - 17th August 2019

“Dance Movement Therapy” was part of a series of initiatives organized to curb the growing incidence of suicides and drug abuse among the youth of the coastal region of Kollam. The programme was organized as a one-day event at St Stephen's Parish Hall, Pallihottam on 17th August 2019. The purpose was to inculcate and nurture reflective thinking, effective team work and self-confidence among the adolescents and was organized in collaboration with "Navem", Trivandrum.

B. Staff Training Programme for Staff on Suicide Prevention - 2nd October 2019

Towards intervening effectively in the issue of adolescent suicides, a training session was organised for the staff of FCDP and TMS. The first phase of training included the Screening Test Training and was held on 2nd October 2019 at the hall of district hospital, Kollam. Organised in collaboration with the District Mental Health and National Health Mission, the post-training activities will include

a survey of on the mental health of adolescents, counselling camps and other follow-up programs. The training sessions were conducted by Dr. Mini (Nodal Officer & Psychiatrist, DMHP, Kollam), Dr.Harikumar (DPM, NHM, Kollam), Ms.Anju G.R., Ms.Ansi B Kairali and Mr. Mahesh Kumar PS (Counsellors, DMHP).

C. “Mazhavillu” - intervention programme for adolescents – 9th October 2019

“Mazhavillu” - an intervention programme for adolescents conducted in collaboration with District Mental Health Programme, Kollam. The programme was designed to help the adolescents from coastal belt and thus promote the mental health of young adults through Life Skill sessions, Role Plays, Group Activities and Group Counselling sessions.

Besides, clients identified with problem were followed up with individual counselling by the team. The programme was inaugurated by Dr.Harikumar (DPM, NHM Kollam). Dr.Sindha Mendez (Chairperson, FCDP), Adv. Vinitha Vincent (Councilor, Pallithottam), Dr.B.S Mini (Nodal Officer, NMHP, Kollam) and Sr. Cecily Paul (Ast. Director, FCDP-TMS) spoke at the inaugural ceremony.

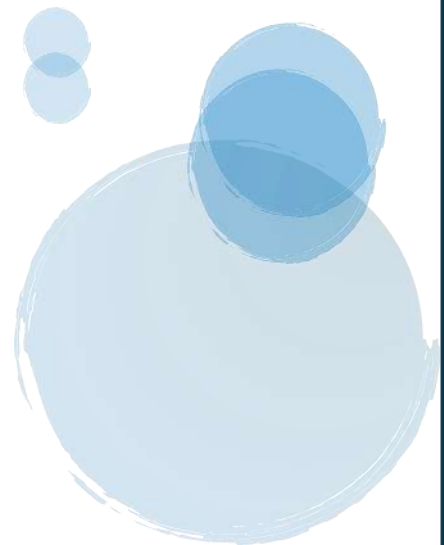
D. Musical Drama on the theme "Drugs and Suicides" – 20th October 2019

On 20th October 2019, Don Bosco Youth Forum staged a musical drama on the theme "Drugs and Suicides". The program was staged at a number of places including the parishes of Thope, Port Kollam, Eravipuram and at Kollam Beach. The program that drew large crowds, brought home the intensity of drug abuse and suicide rates in the Coastal belt.

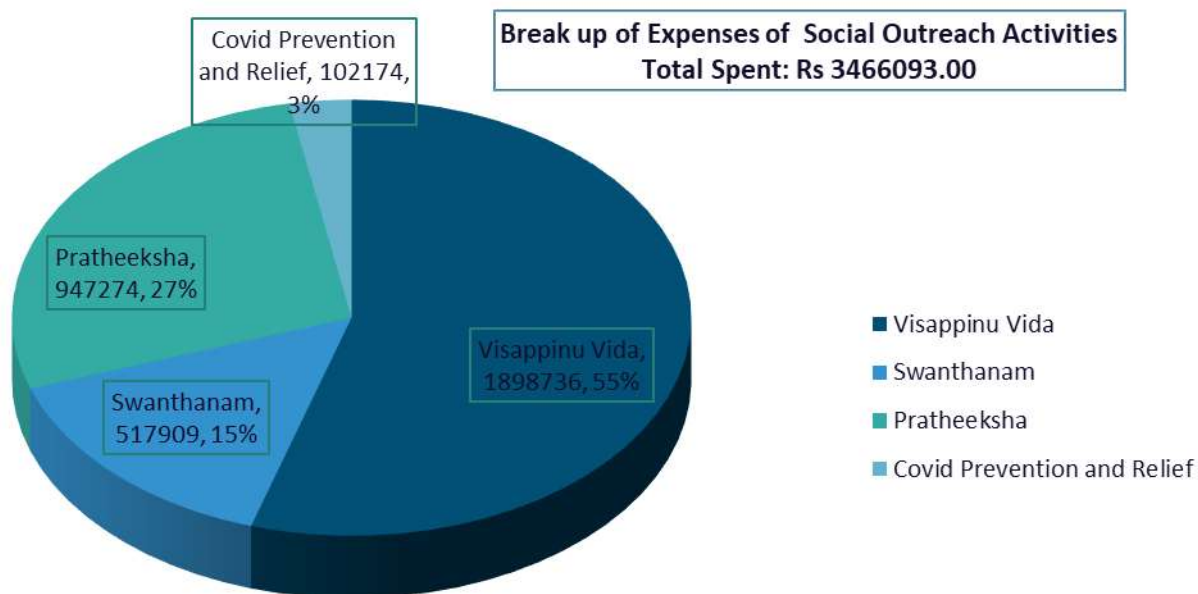




SOCIAL OUTREACH ACTIVITIES



A number of activities have been under taken by the organization during the financial year in order to reach out to the neediest and deserving people especially of the coastal area of Kollam. The various charity activities were conducted under the heads of Visappinu Vida, Santhwanam, Pratheeksha, Counselling, free legal service and Covid Prevention and Relief activities. During the year 2019-2020, a total amount of Rs. 34,66,093.00 (Rupees thirty four lakh sixty six thousand and ninety three was spent for social outreach programmes. The same is shown in the table and the pie chart given below.



| Total Spent on Social Activities | |
|----------------------------------|-------------------|
| Programme | Amount (Rs) |
| Vishappinu Vida | 1898736.00 |
| Santhwanam | 517909.00 |
| Pratheeksha | 947274.00 |
| Covid Prevention & Relief | 102174.00 |
| Total | 3466093.00 |

3.1 VISHAPINU VIDA (FOOD FOR POOR)

“Vishappinu Vida” (Let us say No to Hunger) is a programme begun on 1st April 2017 with the aim to build awareness and raise funds in an effort to eradicate hunger among the aged in the coastal areas of Kollam. Since then, more than 100 nourishing meals are dispensed every day and nursing care is provided under this programme. Nutritious food including fish, meat or egg was served every day. Special food was served on important occasions. Clothes, medicines and basic support were also given to the needy.

During the year 2019-2020 about 40,475 (forty thousand four hundred and seventy five only) food packets were distributed to the needy and aged deserving people in their homes. The total expense for the programme during the year was Rs. 18,98,736.00 (Rupees eighteen lakh ninety eight thousand seven hundred and thirty six only). Food is prepared at Vishappinu Vida kitchen at Thiruvathira Nagar, Mundakkal and has a supervisor, two cooks, a helper and an auto driver. There are volunteers who help reach the food in the homes. Weekly meetings are held every week to assess the quality of food and proper functioning of the programme. A 13-member “Visappinu Vida Executive committee” and the FCDP board oversee the programme. Regular field visits are conducted to ensure that food is given to the most deserving persons. While we thank God for the smooth execution of this programme, we extend our heartfelt gratitude to all our benefactors who support this programme with great love and sacrifice.



In September 2019, Vishappinu Vida went green by introducing the Electric Auto and a lady driver was appointed for reaching food to the homes of the beneficiaries. The electric auto plies for the purposes of the Vishappinu Vida programme and for the office activities of FCDP and TMS.

3.2 PRATHEEKSHA (EDUCATIONAL AID)

“Pratheeksha” is an educational support programme for the school and college going students especially of the coastal area of Kollam. Besides ensuring educational assistance, this programme also provides career guidance, organizes motivational programmes, fellowships and scholarships for students of the fisher folk community. In the year 2019-2020, Rs.9,47,274.00 (Rupees Nine Lakh forty seven thousand two hundred and seventy four only) was spent as part of the programme. Of this Rs. 8,64,190.00 (Rupees Eight lakh sixty four thousand one hundred and ninety only) was given towards educational assistance and scholarship for twenty nine students. 106 students were given school kits for which Rs.83,084.00 (eighty three thousand and eighty four only) was spent. Total beneficiaries of the programme are 135 students. Our sincere thanks to Indiana Malayalee Association (IMA) for their support for students engaged in professional studies. We also thank all our benefactors and supporters of Pratheeksha programme.



3.3 SANTHWANAM (EMPATHY & CARE)

3.3.1. MEDICAL AID

“Santhwanam” supports the financially struggling sick people among the fisher folk who cannot go for further treatment. The programme trusts well-wishers and benefactors to pool in their might to assist those needing financial help for medical treatment. In the fiscal year 2019-20 a total number of 56 people were provided medical assistance, one person was given financial assistance for marriage and three people were helped with houses. A total of Rs. 517909/- (Rupees five lakhs seventeen thousand nine hundred and nine only) were spent towards Santhwanam programmes in the financial year. We also acknowledge the support received through Women and Youth Empowerment project, as medical aid.

3.3.2. NEW HOUSE FOR PANITAS AND FAMILY

During the fiscal year 2019-20, two deserving families were helped towards partially rebuilding their houses and new house was built and handed over to Mr. Panitas and family. The new building cost Rs. 800000.00 (eight lakhs only) of which Rs. 400000.00 was put in by FCDP (with



support of a benefactor) and Rs. 400000.00 was received from the Kollam Corporation as part of the government project Rs. 213200.00 (two lakh thirteen thousand and two hundred only) was spent towards the construction of the new house during the fiscal year. Besides financial support, assistance was given also for rectifying documents and arranging loans for the family. Sincere thanks to Mr. Ansel Reynold who completed the project and the sponsor of the project.

3.4. LEGAL AID CELL

Competent Legal Services to the weaker sections of the society ensures that opportunities for securing justice are not denied to any citizen. The legal Services authority is an effective mechanism for making legal aid easily available to such citizens. Legal Aid Cell at FCDP in collaboration with the District Legal Services Authority, intends to provide legal relief to the coastal community. The Legal Services Cell at FCDP was inaugurated by Smt. Subitha Chirakkal, Hon’ble Secretary and Sub Judge,



Kollam, on November 13th 2019. It aims to impart free legal aid to the fisher folk and create awareness among the community. It provides legal support and case sitting in urgency for the victims of violence and abuse and other cases as well. A team consisting of Para Legal Volunteer (PLV) and two government lawyers attend to the clinic once a week and provides support for the needy people from the community.

3.4. COVID PREVENTION AND RELIEF ACTIVITIES

FCDP and TMS are proud to be part of the Covid-19 Prevention and Relief activities right from the beginning. The primary interventions included awareness programmes, providing masks and sanitizers, distributing grocery kits and cooked meals to the needy, support to the needy NRI families, assistance for quarantine and support to poor students for online education.

Awareness Programmes were done in association with the District Health



Department, Kollam, sensitized the people on the precautions to be taken against corona virus and highlighted the need for promoting positive health behaviors. With the support of women volunteers masks were stitched and distributed to fishermen, hospitals and community health centres, Police, Excise and Traffic departments, railways, banks, TRACK (Trauma Care Road Accident Aid Centre Kollam) Fisherman Welfare Society (FWS), TSS, N.S.S units various residence associations, and

other organizations. In the fiscal year 2019-20 over 150 kits were also distributed to the deserving families of the coastal area. The various activities including awareness programmes, production and distribution of hand sanitizers, soaps and lotions, distribution of grocery kits, cooked meals, support to the needy NRI families, student support for online education, cluster formation for Covid-19 relief and prevention continued to the next fiscal year. Thanks to BREADS Bangalore, our benefactors and volunteers especially Don Bosco Youth who made this possible.



WOMEN EMPOWERMENT PROGRAMME

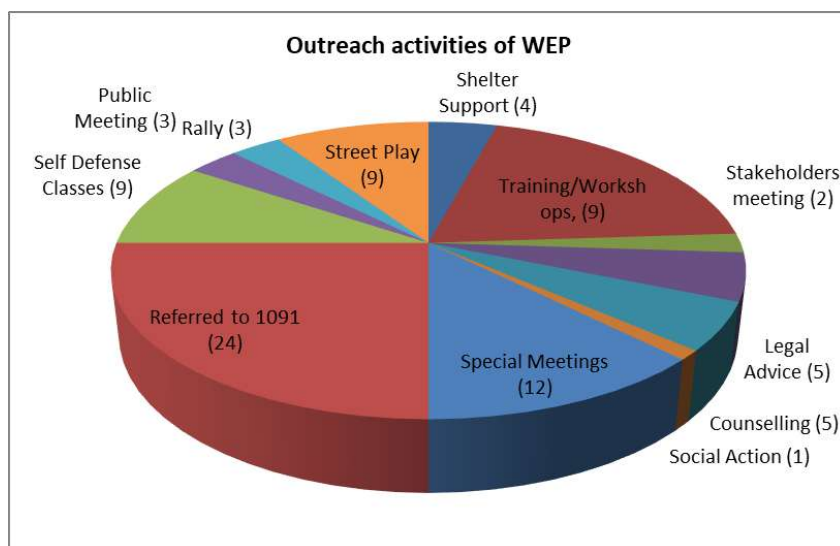


Women Empowerment Programme(WEP)is a project under BREADS, Bangalore (Don Bosco) begun with the aim of building gender equality for women especially in development, peace and security. The major objective of the programme is to increase the knowledge and awareness of vulnerable women to fight back against violence. To address the issue of gender discrimination and inequality, the major reason for the increased violence against women in coastal region, a number of training programmes and workshops were conducted. The purpose was to create awareness among the multiple stakeholders about human and legal rights so that they can emerge with strong leadership qualities and tackle the phenomenon of violence and discrimination against women.

The major interventions under WEP programme in the fiscal year included, training Programmes, awareness Programmes, rehabilitation, formation of voluntary groups, police assistance, health services, crises Intervention, house visits and focused group discussion and SHG Meetings. As part of the interventions 166 house visits were conducted to identify

problems women were facing and to get a better understanding of their status.

The pie chart here provides a bird's eye view of the outreach activities carried out during the financial year.



DON BOSCO COASTAL FORUM

(GROUPS & MOVEMENTS)

Don Bosco Coastal Forum is a movement of various groups and volunteers under the FCDP umbrella for personal development and development of the fisher folk community of the coastal area. The various groups in the coastal forum include Don Bosco Youth Forum, Children's Forum, Don Bosco PSC coaching centre and Theeradesa Lahari Vimukta Samithi (TLVVS).

5.1 DON BOSCO YOUTH FORUM

Don Bosco Youth Forum is perhaps the most ambitious project undertaken during the year. The main objective of the forum is to nurture the skills of youngsters in the coastal area and to empower them for personal and social development. The Youth forum was officially inaugurated on 23rd August 2019. Don Bosco youth forum caters to youth between 18-35 years of age from Thangassery to Thanni in the coastal belt. The objectives of the youth forum are 1) To identify the needs and problems of the fishermen community and provide solutions by mobilizing the required resources 2) To bring a positive change among the youth and the society by inculcating national, social, cultural and civic values 3) To inculcate the spirit of volunteerism, sense of responsibility, self-reliance and quality of good citizenship among the youth 4) To develop leadership qualities, sportsman spirit, communication skills with proficiency in computers and life skills along with survival



skills and 5) to develop social harmony, friendship, fraternity and peace in the community, and Fight social evils. The forum consists of various sub committees on Education, literacy and library, Life skill education Personality and leadership development, Employment Generation including skill up gradation, Promotion of sports and games, Promotion of Art and culture, Social awareness generation, Youth health and Social welfare.

A number of programmes like workshops, self-defence training, programs to create awareness against drugs and alcohol were organized during the year. Under the banner of Don Bosco, it is hoped that the coastal youth forum will emerge as the soul and voice of the region.

5.2. DON BOSCO CHILDREN'S FORUM

Don Bosco Children's forum was inaugurated on 14th December 2019. It caters to children below the age of 18 years belonging to the various sections under FCDP and TMS. The objective of the children's forum is engage children in useful activities and to enhance their skills and bring out their talents. Since the beginning of the children's forum a number of programmes and activities have been organized for the children.



5.3 DON BOSCO PSC COACHING CENTRE



Don Bosco Coaching PSC Coaching Centre was inaugurated on 10 November 2019. A PSC coaching centre with easy accessibility for the youth especially of the fisher folk has been a dream for many years. The PSC coaching centre aims to nurture the skills of youngsters in the coastal area and to empower them for attaining Government jobs. This helps not only in securing their lives but also as a contribution to the community.

5.4 THEERADESHA LAHARI VIMUKTHA VANITHA SAMITHI

Theeradesa Lahari Vimuktha Vanitha Samithi (Coastal women's committee against Drug & Alcohol Abuse) is a strategic intervention in capacity building for gender equality in development, Peace and Security. It is an initiative to thwart the increasing menace of drug abuse and alcohol in the coastal region especially among the fishermen community of Kollam. The committee not only endeavors to



create awareness against this malady that is eating into the very innards of the fishermen community but also through the watchfulness of its 100 trained women volunteers works to stop public drinking and trafficking of drugs which otherwise happen openly in the beach. The major activities under the Samithi include conducting of sensitization campaigns, awareness classes and section meetings.

MIGRANT DESK KOLLAM



Kerala Inter State Migrants Alliance for Transformation (KISMAT) began its intervention for the migrant workers in the State to support their needs and protect their rights. Migrant Help Desk (MHD), Kollam is part of the Kerala Inter State Migrants Alliance for Transformation (KISMAT) a project under the Don Bosco Veedu Society, Kollam. It serves the purpose of a resource centre for the migrants to seek support, assistance during emergency situations, information and even as the centre for their relaxation, group building and sharing concerns etc.

During the year 2019-2020, the KISMAT project concentrated on solving the problems of migrants, conducting awareness classes, setting up of accommodation facilities, maintaining hygienic living conditions at the settlements, construction of toilet facilities, supply of drinking water etc. The interventions of the KISMAT project for the year 2019-2020 are given in the table:

| KISMAT Interventions 2018-19 | |
|--|----------------|
| Interventions Carried out | No. of persons |
| Awareness Class | 10 |
| Medical Camps | 03 |
| AAWAZ Camps | 05 |
| Collection ISM data base | 1255 |
| Settlement of wages | 02 |
| Counseling services | 03 |
| Hospital Assistance & medical Care | 01 |
| Alliance building programme | 01 |
| Police Cases | 07 |
| Work site Intervention | 05 |
| Education Support | 02 |
| Crisis Intervention (Food Kit distribution) | 850 |
| Necessary support Services | 01 |
| Total | 2145 |



PRODUCTION UNIT

Various production units have been started by FCDP, with the objective of providing employment opportunities for the SHG members and to create a marketing platform for the products of various micro enterprises started by women belonging to the SHGs. Organized and run entirely by women members, these try to make available quality products at an affordable rate. They include healthy Food and Powder, Home Care, Handicraft, Paper Craft including paper bags, cloth bags and garments. The programme has three coordinators and seven volunteers as part of the programme besides various members who work from home.

7.1. Healthy Masala and Food Products

Healthy Products include over 16 products namely sambar powder, rasam powder, garam masala, chicken masala, meat masala, fish fry masala, pepper powder, pepper, cardamom, chilly powder (Red chilly and Kashmiri) coriander powder, turmeric powder, rice powder, wheat powder.

7.2. Home Care Unit

The home care unit mainly produces products include bathing soap, hand wash, hitech and normal washing powder, toilet cleaner, phenyl, dish wash liquid, floor cleaner, detergent liquid and sareeshampoo, sanitizer and kits for the same.

7.3. Handicraft Unit

Handicraft unit for the production of decorative flowers and show items using sea shells is unique venture using sea shells. Current products consists mostly of a variety of shell flowers like malli stick, bent flower, white lace, white lily, violet flower, corn stick, small buds etc. Other shell products like pen stand, butterflies and paper weight etc are also made as part of the programme. The programme is both economically and personally beneficial as the making of the items leads to character formation as well as earnings at the sale of the products.

7.4. Cloth and Paper Bag Units

Cloth bags and paper bags have emerged as good alternatives for plastic bags and can be a source of income for the women. The cloth and paper bag making unit of FCDP produces and delivers bags that are customizable. The units aim to help homemakers earn an extra income. Paper bag unit was begun following the training held as part of the EDP training programme during the year. Bags are made available in different forms and different rates. As a beginning over 5000 cloth bags and 1500 paper bags have been given to different stores.

7.5. SHG Outlet

The SHG outlet was created as a platform for marketing the products prepared by the various production units of FCDP. This includes Healthy Masalas, Home care Items like dish wash, detergent liquid, floor cleaner, Sanitizer etc., garments, cloth and paper bags, pickles, cooking oil, candles and handicraft items. The store is open from 10:00am – 06:00pm on all working days. The products available in the store are also delivered as per request from the customer. The net profit of the SHG outlet for the year

MAJOR EVENTS DURING THE YEAR

Visit - Fr. Guillermo Basanes – 8th May 2019

As part of visits to the organizations under the Salesians of Don Bosco, the representative of Rector Major, Rev. Fr. Guillermo Basanesdb from Salesian Headquarters at Rome, visited FCDP and TMS. The purpose of the visit was to study and assess the two organizations. Rev. Fr. Guillermo Basanesdb interacted with the staff and representatives of the board. He appreciated the calibre and character that the fishermen exhibit especially in their work of fishing. He congratulated especially the board and staff for the activities undertaken for the development of the fishermen community under the leadership of Salesians of Don Bosco and the accomplishments done in the past years.



Drug Awareness Programme for Youth – 22nd May 2019



In collaboration with the Excise department of Kollam, a drug prevention campaign in coastal area was organized to bring awareness on the deleterious effects of drug *abuse* and also to emphasize the need for a strengthened network to tackle the issue in the fisherman community. Excise Commissioner for Government of Kerala Shri Rishiraj Singh IPS inaugurated the session. During the session the commissioner reminded the participants about the ill effects of

consumption of drugs. He stated that all districts should have rehabilitation centres for the drug addicts. The session mainly concentrated on providing awareness class for the Thiradesha Lahari Vimuktha Samathi members. Clinical psychologists Dr. A. S. Anand, Dr. Anandu G. Krishnan, Dr. Anil Kumar spoke during the session. Shri. A.S. Ranjit (Deputy Excise Commissioner), Shri. P.K. Sanu (Asst. Excise Commissioner), Shri. Noushad (CI, Excise), Smt. Agnes John (President, TMS) and Sr. Cicily Paul (Asst. Directorj, TMS) were also present.

Anniversary of Vishappinu Vida– 26th May 2019

The second anniversary of the programme “Vishappinu Vida - Let’s say No to Hunger” was celebrated at the Rotary Club Hall on 26th May 2019. Rt Rev Dr. Paul Antony Mullassery (Bishop of Kollam) was the chief guest at the event. Adv. RajendraBabu, (Hon’ble Mayor, Kollam) inaugurated the function and Mr. Anil Xavier IAS (Director, Bishop Jerome Group of Institutes, Kollam) inaugurated the scholarship for professional students from fishermen



community. Rev. Fr. Sunny Uppan (Rector and Parish Priest, St. Stephen’s Church, Thope (Counsellor), Adv. Sheeba Antony (Counsellor), Adv. Vineetha Vincent (Counsellor), Smt. ShantiniShubadevan (Counsellor), Dr. Sindha Hyacinth (President FCDP), Smt. Agnes John (President TMS), FrJoby Sebastian (Director FCDP & TMS). Present were all the board and staff, Executive Committee members of Visappinu Vida and a large number of well wishers and benefactors who support the programme.

Scholarship Distribution for Professional Courses – 28th June 2019

In collaboration with Indiana Malayali Association (IMA), financial assistance was provided to twelve students from the fishermen community, pursuing professional courses. This was organized as a part of the flood relief assistance for students’ higher education. Adv. V. RajendraBabu, Hon’ble Mayor of Kollam, inaugurated the function and Dr. Anitha Panicker and Dr. Sreekumar Pillai, representing Indiana Malayali Association spoke during the event. Rs. 764797.00 was given by IMA as scholarship for 12 students.



Distribution of Certificates – Skill Training Programmes – 5th August 2019



Artisan cards and certificates were distributed to the coastal women who successfully completed the various skill training programs (Palliative care, Computer courses, Tailoring, Food processing and Handicraft) led by FCDP and TMS. Artisan cards from the government of India were distributed to the fifteen women who had completed training in handicraft while certificates were issued to students who completed other skill trainings. The ceremony was inaugurated by Mr. Abdul Nasar IAS (District Collector of Kollam) in the presence of Mr.

A. Pradeep Kumar (Assistant Commissioner of Police, Kollam) and Mr. Sajith M.S (Regional Transport Officer, Kollam) at FCDP Hall. Speaking at the function, Mr. Abdul Nasser pointed out that NGOs in collaboration with the administration play a major role in the development of the region. Mr. A. Pradeep appreciated the role of FCDP and congratulated the hardworking and helping attitude of the fishermen community. Shri Sajith M.S promised all help in the training activities of FCDP especially related to skilling the women in driving.

Women Empowerment Rally and Public Meeting – 10th August 2019



In Collaboration with Coastal Women Committee for liquor and Drug Prevention, a women empowerment rally and public meeting was conducted on August 10, 2019. The programme aimed at curbing the growing use of alcohol and drugs on the coastal areas, especially in the areas from Thangassery to Thanny. The rally was flagged off by Smt. Vijaya Francis (Hon. Deputy Mayor, Kollam Corporation) with the participation of more than 500 coastal women. The public meeting was inaugurated by. T.

Tajudheen Kutty (Asst. Excise Commissioner , Kollam) in the presence of Mgr. Vincent Machado (Vicar General of Kollam Diocese), Fr. Sunny Uppan (Parish Priest,Thope), Dr. Sindha H Mendez (Chairperson, FCDP), Smt. Agnes PP (President TMS), Smt. Vinitha Vincent (Councilor, Pallithottam) and Fr. Joby Sebastian (Director).

Inauguration of Don Bosco Youth Forum – 23rd August 2019

Don Bosco Youth Forum was officially inaugurated on 23rd August 2019. Over 70 youth delegates participated in the program. Deacon Jithin Joseph led the youth in various activities and group discussions. Sri. Devarajan (Circle Inspector, Pallihottam), spoke of youth initiatives as the need of the hour. Shri Samson Mathew (Secretary, YMCA Kollam) and Shri George Mathews (Treasurer, YMCA) assured the support of YMCA



for all the activities of the Don Bosco Youth Forum. Outlining the plans of Don Bosco Youth Forum, Rev. Fr. Joby Sebastian said that youth under the banner of Don Bosco must emerge as the soul and voice of the coastal region. Dr. Sindha Mendez emphasized that youth ought to be the leaven in society. Present at the function was also (Sr. Cecily Paul, Asst Director, T. M. S.).

License for fishermen—September to December



One of the major programmes of the year was License for fishermen. In collaboration with TRACK, RTO Kollam, an initiative was organized for the fishermen to obtain license for two wheelers. As a number of the fishermen are not comfortable with the new learners' test procedures, it was mooted that special training is offered to such fishermen so that they may be able to obtain license which in the normal course of

procedure will be difficult. Accordingly training sessions were organized at FCDP Hall and formalities like collection of forms, calling up the candidates etc were done by the staff. Learner's Licenses were distributed to selected members of the first phase of training on 19th October 2019. More than 100 fishermen from Thankassery to Thanni participated for the ceremony. Shri. Pradeep, Sub Inspector Pallithottam distributed the driving license to the aspirants. The first of the licenses were officially presented by Smt. Mercykuttyamma Minister of Fisheries at the function held at Collector's Chamber on 28th December 2020.

Official Visit by Don Bosco JuWe – 29th October 2019

Mr. Markus Burri (Director, DB JuWe) and Ms. Monica Jenni (Project Manager, Asia-DB JuWe) from Don Bosco Jugendhilfe Weltweit, Switzerland, along with Rev. Fr. Joy Nedumparambil (Director, Breads Bangalore) visited Fishermen Community Development Programme and TheeradeshaMahila Society on 29th October 2019. They were welcomed by the Board and staff of FCDP and TMS. They interacted with the staff members after a brief felicitation at FCDP hall. They also visited the skill training centres under the organization and also attended the presentation by Mr.Anoopraj.



Inauguration of Don Bosco PSC Coaching Centre - 12th November 2019



Don Bosco PSC Coaching Centre under the auspices of Fishermen Community Development Programme (FCDP) was officially inaugurated on 12 November 2019 by Mr. Royston (Head Master, Krithuraja High School, Pattathanam). The centre aims at preparing the youngsters especially from the fishermen community for competitive examinations and government employment. Don Bosco PSC Coaching is led by Mr. Andrews (SI Kollam). Present at the function were Fr. Sunny Uppan (Rector and Parish Priest, Thope), Fr. Joby Sebastian, Sr. Cecily Paul, students and well wishers.

New House for the Panitas Family – 10th December 2019

Fishermen Community Development Programme and Kollam Corporation joined hands to build a house for the family of Mr. Panithas from Port Kollam Dippopureyidam. Smt. Vijaya Francis (hon'ble Deputy Mayor, Kollam) inaugurated the new building and handed over the keys to Mr. Panithas. The house was blessed by Rev. Fr Xavier Lazer (Parish Priest, Port



Kollam). Present at the function were Rev. Fr Joy Vadakkumchery (Administrator, Don Bosco), Mr. Ansal Raymond who built the house was presented memento by the Deputy mayor Smt. Vijaya Francis. - Smt. Vinitha Vincent (Counsellor, Pallithottam), Fr. Joby Sebastian (Director), Dr. Sindha Mendez (Chairperson, FCDP), Smt. Agnes P.P. (President TMS), Fr. Joy Vadakkumchery (Administrator, Don Boco) Fr. Anish (Vocation Promoter, Don Bosco Kerala), FCDP-TMS Board and Staff members and other well-wishers were present at the ceremony.

Market Mela (Christmas Fest) - 20th to 22nd December



The Market Mela cum Food Fest (Christmas Fest) was held in Rotary Club Hall, Beach Road, Kollam from 20th to 22nd December 2019. The market fest provided an opportunity for the members of the various SHGs and those who received skill training during the year, to come together and market their products. It focused on SHGs products. The Market Fest also helped to gather and generate information of costumers about SHGs products.

The market fest first of its kind ever in the fishermen community was an eye opener and did definitely encourage SHGs to begin small scale ventures.

The Market Mela was inaugurated by Mrs. Honey Benjamin, Hon. Mayor, Kollam and the Food Fest was inaugurated by Mr. Jayachandran Elankath (Bureau Chief, Malayala Manorama, Kollam). The Market Mela gave a space to the coastal women entrepreneurs and opportunity to showcase their products, and seek buyers for selling their products in a wider area. About 1000 people from the rural and urban population participated for the market fest.

Farewell to senior staff Mrs. Mable Xavier – 29th January 2020

Mrs. Mable Xavier, Senior Staff of TMS was accorded a grand farewell on Wednesday (29-01-2020). Mrs. Mable Xavier served FCDP and TMS for the last 39 years in various capacities.. Mrs. Mable had started off at FCDP as a young girl in 1981 working with the "Vanitha Vedi" programme. Later she worked at the bakery, tuition centre, FMC and finally at TMS as senior community organizer. She made a niche for herself in the organization with her talent at singing, organising, and especially her



ability to deal with people.

Present at the function were Fr. Joe Fernandez (Director of Boy's Home), Fr. Joby Sebastian, Dr. Sindha Mendez, Smt. Agnes P.P., Sr. Cecily Paul, Mrs. Veronica Antony, the members of the Board and Staff of FCDP & TMS and the family members of Mrs Mable. All the speakers underlined the sincerity and accuracy with which Mrs. Mable performed his duties and appreciated her hard work and commitment.

Women's Day Celebration:7th March 2020



Theeradesa Mahila Society along with FCDP, Kollam celebrated International Women's Day on 7th March 2020. The program organized in collaboration with the Kollam Excise Department and District Legal Services Society began with the scooter rally of women which was flagged off by Smt. Jijimol (Circle Inspector, City Police). The scooter rally started at 4.30 pm from Kollam and more than 100 participants. This was followed by the awareness rally attended by more than 700

women. The rally consisting of floats and tableaux was flagged off from the Thangassery bus bay by Sub-Judge Smt. Subitha Chirakkal. The rally culminated with the public meeting held at the Kodimaram ground, Pallithottam. Shri. N. K. Premachandran (Hon. M.P., Kollam) inaugurated the meeting. He appreciated the work done by TMS and FCDP towards women empowerment. Smt. Shahida Kamal (Hon. Member, Women's Commission) inaugurated the project 'NETS - Nurture, Educate and Transform Society', a new initiative by FCDP' which

envision a Substance abuse and Alcohol free fisher folk community at Kollam. In the function Mrs. Jane Lawrence and Mrs. Mable Xavier were honored for their contribution to the Fishermen Community Development Program and Theeradesa Mahila Society. Shri. Binu George (Motor Vehicle Inspector, Kollam) distributed driving licenses to women who already obtained autorikshaw driving license as part of the skill training programme of FCDP.



Shri. Shaji J Varghese (Excise Asst. Commissioner & co-ordinator vimukthi), Fr. Sunny Uppan (Rector and Parish Priest, St. Stephen's Church, Thope), Dr. Sindha Hyacinth Smt. Agnes John, Fr. Joby Sebastian, Councilors Adv. Sheeba Antony, Adv. Vinitha Vincent and Smt. Shantini Shubhadevan spoke at the function. Cultural programs by Don Bosco Youth Forum and Children's forum added color to the program.

Timeline of Events

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|---------------------------------|--|
| 2 nd May 2019 | Inauguration of Food processing Training |
| 8 th May 2019 | Visit by Fr. Basanes |
| 20 th May 2019 | SHG Leadership Training Programme |
| 21 st May 2019 | School Kit Distribution under Pratheeksha Programme |
| 22 nd May 2019 | Drug Prevention Drive in Coastal Area |
| 26 th May 2019 | 2 nd Anniversary Celebration of Vishappinnu Vida |
| 27 th May 2019 | Entrepreneurship Development Programme |
| 28 th June 2019 | Flood Relief Scholarship Distribution |
| 05 th August 2019 | Distribution of Artesian card and certificate |
| 10 th August 2019 | Women Empowerment Rally & Public Meeting |
| 17 th August 2019 | Dance Movement Therapy |
| 23 rd August 2019 | Inauguration of Don Bosco Youth Forum |
| 26 th August 2019 | Entrepreneurship Development Programme |
| 07 th September 2019 | Lucky Draw – Vishappinu Vida |
| 07 th September 2019 | FCDP- TMS Onam Celebration |
| 09 th September 2019 | Distribution of two wheeler license by Mayor Adv. V. Rajendra Babu for fishermen community |
| 19- 21 September 2019 | 3 Day Paper Bag Training by National Skill Development Board |
| 29 th September 2019 | Pediatric Medical Camp |
| 2 nd October 2019 | Training on Self defense and Empowerment in collaboration with Crime Branch Department |
| 2 nd October 2019 | Training session on prevention of suicides by DMHP Nodal Officer, NHM—District Programme Manager and Counsellors |
| 3 rd October 2019 | Food Processing Training |
| 12 th October 2019 | Training for the volunteers of TLVVS by Assistant Commissioner of Excise |

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| 18 th October 2019 | Food Fest |
| 19 th October 2019 | Distribution of driving liscence |
| 20 th October 2019 | Musical Drama on the theme "Drugs and Suicides" by DBYF |
| 21 st October 2019 | Handicraft Training by master craftsman Mr. Abraham Raman |
| 29 October 2019 | Training Programme—Cake Making by Master Chef Ajay Shankar |
| 29 th October 2019 | Visit by Don Bosco JUWE—Mr. Markus Burri and Ms. Monica Jenni |
| 9 th November 2019 | Mazhavillu—Intervention Programme for Adolescents |
| 10 th November 2019 | Inauguration of Don Bosco PSC Coaching Centre |
| 13 th November 2019 | Inauguration of legal services clinicby the Kollam District Legal Services Authority |
| 23 rd November 2019 | Training for the SHG members—Financial Inclusion & Credit Linkages |
| 30 th November 2019 | Workshop for Don Bosco Youth Forum |
| 14 th December 2019 | Don Bosco Children's Forum Meeting |
| 21,22 December 2019 | Christmas Fair and Food Fest |
| 29 th January 2019 | Farewell to senior staff Mrs. Mable Xavier |
| 8 th February 2020 | Don Bosco Children's Forum Meeting |
| 12 th February 2020 | Awareness Program on Corona Virus by District Medical Officer Dr. Sandhya |
| 15 th February 2020 | Training on First Aid, CPR and BLS in association with T.R.A.C.K. (Trauma Care and Road Accident Aid Centre in Kollam) |
| 07 th March 2020 | International Women's Day celebration |
| 09 th March 2020 | One day workshop for the staff of FCDP – TMS |
| 14 th March 2020 | Paper Bag Training Programme |
| 14 th March 2020 | Awareness class against Corona Virus |
| 18 th March 2020 | First Set of Mask Distribution |
| 28 th -31 st March 2020 | Kit distribution |

CONCLUSION

The financial year 2019-20 was marked by active engagement with the community at the very grass roots through effective involvement of the field staff, community volunteers and project coordinators. The total financial transaction of FCDP and TMS during the year amounted to Rs. 14,26,54,650.00 (Rupees fourteen crores twenty six lakhs fifty four thousand six hundred and fifty only). The financial activities included not only SHG based microfinance but also awareness programmes at the field level, leaders' training, EDP training etc. at FCDP hall and other selected places. A number of new income generating programmes have been begun by the members with the support of FCDP and TMS. The various skill training programmes also created a sense of accomplishment in the trainees. As part of the organizational development programme, billing machines were introduced ensuring spot billing and transparency. FCDP also received a face lift with new seating and office arrangements, with additional space being arranged for project and production unit coordinators. On the health front, the services rendered by the community health centre in collaboration with Bishop Benziger College of Nursing and Hospital, field visits, health camps, health awareness classes and seminars made a big difference in the community. Among the social initiatives, the food programme, educational and medical support programmes, legal aid clinic and counseling have not only assisted the needy but also brought together a large number of benefactors and well-wishers with a common cause. One of the most important initiatives during the year was the beginning of various groups and movements like youth and children's forum, Women Volunteers against drug and alcohol abuse etc.

We take this opportunity to first of all, thank Almighty God for using the organization as an instrument of His mercy and compassion for the integral development of the fisher folk community. We thank BREADS (Don Bosco) Bangalore and the various donors who support us through BREADS especially through the women and youth empowerment project and women empowerment project. We also place on record our appreciation of our collaborators especially Bishop Benziger College of Nursing and Bishop Benziger Hospital, Kollam, Holy Cross Hospital and College of Nursing, Kottiyam, Sreekala Driving School, NGOs like QSSS and TRACK, various government departments and authorities. We also thank our numerous benefactors who make it possible for the organization to carry on charity activities at such a large scale. We register our sincere thanks to Rev. Fr. Sunny Uppan SDB, (Rector and Parish priest) and Community of St. Stephen's Thope (Don Bosco Kollam) for support, encouragement and guidance. We acknowledge our sincere appreciation for the board and staff of FCDP and TMS , especially the chairpersons and office bearers and the Executive Committee of Visappinu Vida Last but not the least, my sincere thanks to the 2800+ strong members of FCDP and TMS.

SALESIANS OF DON BOSCO

In the World

FCDP and TMS form the developmental wing of the Salesians of Don Bosco at Kollam, making them a part of the international network of Don Bosco organizations working in over 132 countries across the globe. Through a global network of educational and social service organizations which include 15 universities, 58 institutions of higher education and thousands of schools and social development centers, Salesian Society cares for the less privileged and marginalized sections of society. Salesians have been recognized by Government of India as the single largest provider of technical education in India, second to the Government. More than 100 Salesian technical schools and 25 colleges have been established in India. Scores of non-formal training centers, agricultural training centers, relief and rehabilitation centers, literacy centers and shelters for street children in India are managed by the Salesians of Don Bosco. Salesian Society also enjoys special consultancy status at the United Nations.

At Kollam

St. Stephen's Church, Thope Kollam: Salesians of Don Bosco are actively engaged in the pastoral service of St. Stephen's Parish, Thope, entrusted to them in 1975 by the Diocese of Quilon. Don Bosco Boys' Home, Mundakal, Kollam: Don Bosco Boys Home is a shelter for poor children from challenging backgrounds where they are provided a healthy environment and given opportunities to pursue their studies and develop their personality.

FCDP-TMS, Pallihottam: Fishermen Community Development Programme and Theeradesa Mahila Society are the social action wings of the Salesians of Don Bosco, Kollam.

DB Tech, College Junction Kollam: DB Tech Kollam is part of a network of 156 Don Bosco skill training centers spread across 25 states in the country. DB Tech aims at mainstreaming and ensuring economic security for youth who could be victimized by poverty, by helping them to acquire the required livelihood and soft skills in an environment of learning and mentoring that is responsive to the individual's emotional and developmental needs.

Childline, Kollam: Don Bosco is a partner of the Childline Kollam, a 24 hrs nation-wide free phone outreach emergency helpline for children in need of care and protection.





FISHERMEN COMMUNITY DEVELOPMENT PROGRAMME

(Reg. No. Q.771/84)

THEERADESA MAHILA SOCIETY

(Reg. No. Q.1039/95)

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