



दि बरियेन्सल् इन्शुरेन्स कम्पनी लिमिटेड  
दि ओरिएण्टल इन्शुरेन्स कम्पनी लिमिटेड  
**THE ORIENTAL INSURANCE COMPANY LTD.**

Regd. Office: ORIENTAL HOUSE, P.B. No. 7037, A-25/27, ASAF ALI ROAD, NEW DELHI - 110 002

**MEDICAL EXAMINATION FOR PRE-INSURANCE HEALTH CHECKUP**

**TO BE FILLED BY THE PHYSICIAN/DIAGNOSTIC CENTRE**

(To be submitted back to under writing office along with the pathology Reports)

**A. PERSONAL DETAILS:**

1. Name of the Insurer: \_\_\_\_\_

2. Age: \_\_\_\_\_ 3. Date of birth \_\_\_\_\_ Sex \_\_\_\_\_

4. Address: \_\_\_\_\_

Telephone No.: \_\_\_\_\_ E-mail ID: \_\_\_\_\_

Identification Document Details: \_\_\_\_\_

**B. PHYSICAL EXAMINATION:** (Only to be filled by doctor)

**MEASUREMENTS AND WEIGHTS:**

Height : \_\_\_\_\_ cms Weight: \_\_\_\_\_ Kg BMI: \_\_\_\_\_

Abdominal girth: \_\_\_\_\_ cms Chest measurement: Inspiration : \_\_\_\_\_ cms

Expiration: \_\_\_\_\_ cms

PULSE: Rate \_\_\_\_\_ Per Minute Rhythm: \_\_\_\_\_ Condition of vessel: \_\_\_\_\_

Dorsal Pedis: \_\_\_\_\_ Per Minute Post.Tibial: \_\_\_\_\_ Per Minute

BLOOD PRESSURE: \_\_\_\_\_ mmHg

BP PATIENT SITTING: \_\_\_\_\_ mmHg

BP PATIENT LYING: \_\_\_\_\_ mmHg

BP DIFFERENCE LYING /SITTING: \_\_\_\_\_ mmHg

**Skin:**

Chronic Ulcer: Yes / No details \_\_\_\_\_

Swelling: Yes / No details \_\_\_\_\_

Skin Discoloration: Yes / No details \_\_\_\_\_

Eczema: Yes / No details \_\_\_\_\_

Varicose Veins: Yes / No details \_\_\_\_\_

**OPHTHALMIC EXAMINATION:**

Slit Lamp exam for Cantaract	Right Eye	Left Eye	I.O.P Glaucoma	Right Eye	Left Eye

Fundus Examination: For Maculopathy / Retinopathy etc. \_\_\_\_\_

Grade 1 \_\_\_\_\_

Grade-2 \_\_\_\_\_

Grade-3 \_\_\_\_\_

Grade-4 \_\_\_\_\_

Visual Acuity and best corrected vision: RE:

LE:

**CARDIOVASCULAR SYSTEM:**

1. Is the heart normal in size and position? \_\_\_\_\_
2. Are the heart sounds normal? If no, is there a gallop/murmur/click? Also please give the rate, point of maximum intensity and conduction- \_\_\_\_\_
3. History of palpitation and /or heaviness in chest  
\_\_\_\_\_
4. Taking any Medication for Hypertension? Give name and dosage and since when?  
\_\_\_\_\_
5. Taking any Medication for Diabetes Mellitus? Give name and dosage and since when?  
\_\_\_\_\_
6. Diabetes Mellitus of Type-1 or Type -2  
\_\_\_\_\_

**GENITO-URINARY SYSTEM:**

1. Is there any evidence of past or present Genito-Urinary system disease?  
\_\_\_\_\_
2. STD, Is the client or the spouse advised for any treatment for any Venereal disease/STD?  
\_\_\_\_\_
3. Any history of urgency, dribbling, obstruction while urination?  
\_\_\_\_\_
4. History of stones, passing blood in urine?  
\_\_\_\_\_

**RESPIRATORY SYSTEM:**

1. Is the chest symmetrical?  
\_\_\_\_\_
2. Are there any symptoms or signs suggesting abnormality or disease of respiratory system?  
\_\_\_\_\_
3. History or any sign or symptoms of asthma?  
\_\_\_\_\_
4. Any Rales, Ronchi, wheezing or any other finding?  
\_\_\_\_\_
5. Snoring / Sleep Apnoea Syndrome ?  
\_\_\_\_\_

**G.I.T SYSTEM:**

**Oropharyngeal:**

1. Are the gums, teeth and tongue healthy? Give details  
\_\_\_\_\_
2. Is there any evidence of past or present disease of oropharynx ? Give details  
\_\_\_\_\_

**Abdomen:**

1. Is there any evidence of enlargement of liver or spleen? Give details  
\_\_\_\_\_
2. Is there any lump or tenderness or free fluid, or any abnormality in the abdomen or pelvic region?  
\_\_\_\_\_
3. Any symptoms of passing frank blood in stool or malena ?  
\_\_\_\_\_
4. Evidence of, if yes, please describe  
Hernia: \_\_\_\_\_  
Hydrocele: \_\_\_\_\_  
Fissure: \_\_\_\_\_  
Fistula: \_\_\_\_\_  
Piles: \_\_\_\_\_

**Acidity / Gastro esophageal refluxes:**

Any other details \_\_\_\_\_

**NERVOUS SYSTEM:**

Is there any evidence of nervous disease such as paralysis, epilepsy, wasting, tremor, involuntary movements, diplopia, migraine etc.?

\_\_\_\_\_  
\_\_\_\_\_

Knee jerks (Rt) \_\_\_\_\_ (Lt) \_\_\_\_\_ details \_\_\_\_\_

Pupil reflexes (Rt) \_\_\_\_\_ (Lt) \_\_\_\_\_ details \_\_\_\_\_

**SKELETAL SYSTEM:**

1. Is there any evidence of past or present disease of joints like arthritis, etc?

\_\_\_\_\_

2. Any evidence of spinal defect/deformity/disc pathology/spondylosis?

\_\_\_\_\_

3. Knee Joint Examination

Swelling (Rt) \_\_\_\_\_ (Lt) \_\_\_\_\_

Vargus &/or valgus deformity (Rt) \_\_\_\_\_ (Lt) \_\_\_\_\_

Locking (Rt) \_\_\_\_\_ (Lt) \_\_\_\_\_

Clicking (Rt) \_\_\_\_\_ (Lt) \_\_\_\_\_

Poplital fossa deformity/swelling (Rt) \_\_\_\_\_ (Lt) \_\_\_\_\_

Details of the above mentioned positive findings and /or any other positive findings

\_\_\_\_\_  
\_\_\_\_\_

4. SLR test active (Rt) \_\_\_\_\_ (Lt) \_\_\_\_\_

Details of positive SLR: \_\_\_\_\_

5. Tenderness over spine? Give details

\_\_\_\_\_

**ENT:**

1. Is there any evidence of past or present diseases of ear, nose & Throat, Chronic Tonsillitis?

\_\_\_\_\_

2. Deviation of nasal septum and /or sinusitis? Give details

\_\_\_\_\_

3. Any evidence of decreased hearing? Give details

\_\_\_\_\_

**FOR FEMALE APPLICANTS ONLY:**

1. Is there any disease of breast, lump, swelling? \_\_\_\_\_

2. (I) Is there any evidence of pregnancy? \_\_\_\_\_

(II) If Pregnant, are any complications to be expected? \_\_\_\_\_

Do you suspect any disease of uterus, cervix of ovaries? \_\_\_\_\_

3. Is there any weakness or injury resulting from child bearing or miscarriage?

\_\_\_\_\_

4. Post obstetric History

a. LSCS

- b. Incisional Hernia
  - c. Urinary In continuance
5. Any menstrual complaints (irregular cycles / Dysmenorrhoea / PCOD?)

**FINDINGS OF TEST REPORTS:**

1. Glycocolated Haemoglobin : \_\_\_\_\_
2. Urine albumin urea: \_\_\_\_\_
3. Eye Check-up : \_\_\_\_\_
4. Whole abdomen and pelvic Sonography : \_\_\_\_\_
5. ECG : \_\_\_\_\_
6. TMT : \_\_\_\_\_
7. X-RAY KNEE : \_\_\_\_\_

**GIVE DETAILS OF FAMILY HISTORY:**

Family History of hypertension (BP) \_\_\_\_\_

Family History of Heart Disease \_\_\_\_\_

Family History of Diabetes Mellitus (DM) \_\_\_\_\_

Diabetes Type-1 or Type-2 \_\_\_\_\_

Family History of Cancer \_\_\_\_\_

Family History of Thalasemia/any blood disorder \_\_\_\_\_

Family History of asthma \_\_\_\_\_

For females, Family History of Breast Cancer \_\_\_\_\_

Any other details of family history: \_\_\_\_\_

**HABITS:**

Alcohol: Yes/ No, regular / occasional / social ,since when \_\_\_\_\_ yrs, Quantity \_\_\_\_\_/day.

Smoking: Yes/ No, regular/occasional / social, since when \_\_\_\_\_ yrs, Quantity \_\_\_\_\_/day.

If stopped since when: \_\_\_\_\_

Any Other \_\_\_\_\_

**RECOMMENDATION/OBSERVATION OF THE DOCTOR:**

a) Have you observed any variation from the SELF-DECLARATION FORM AND TEST REPORT. If yes, give details:

b) Any Specific Finding upon medical examination indicating whether any disease/ailment is to be excluded from the scope of the policy.: (Please Specify)

I confirm that I have examined the client after verification of his /her identify and the findings stated above are true and correct to the best of my knowledge.

Date: \_\_\_\_\_

Place: \_\_\_\_\_

Name of the Medical Examiner

Signature of Medical Examiner

**FOR OFFICE USE ONLY**

Underwriter Comments/Recommendations: \_\_\_\_\_

Dispatched to \_\_\_\_\_ on \_\_\_\_\_ Approved by \_\_\_\_\_

Signature & Date \_\_\_\_\_